

Weekend Message on July 9, 2023

DISCUSS & ENGAGE THE SCRIPTURES

1. Read [James 1:19-20](#). To have healthy communication in the family, we need to model being quick to listen, slow to speak, and slow to become angry. Which of these kingdom attributes is God highlighting for you?
2. What would others say about the culture you've created as a listener? Where do you need to grow in being quick to listen?
3. Read [Proverbs 18:21](#) and [Ephesians 4:29](#). When you speak, is it out of reaction or with intention? What is Jesus teaching you about the impact your words have on others?
4. Read [Galatians 5:19-21](#). When we walk in the Spirit, we can be free of frustration. How does the Jesus in you want you to respond to things that cause you to feel frustrated, out of control, or angry?

PRAY

Jesus, may we be people who walk in the Spirit, growing in Your righteousness as we become quick to listen, slow to speak, and slow to become angry.

LEADERS

- Find resources to share with your Circle for Kids and Students at valleycreek.org/kids and valleycreek.org/students.