

*Weekend Message on July 16, 2023*

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## DISCUSS & ENGAGE THE SCRIPTURES

1. Read [Hebrews 12:6](#) and [1 Corinthians 13:4-7](#). What does discipline look like in your family? What is God inviting you to say or do differently with your words and actions?
2. Read [Proverbs 22:15](#), [Proverbs 13:24](#), [Proverbs 19:18](#), and [1 John 4:18](#), then reflect on the chart below.

	<b>DISCIPLINE</b>	<b>PUNISHMENT</b>
<b>GOAL</b>	TRANSFORM	PAYBACK
<b>FOCUS</b>	FUTURE	PAST
<b>MOTIVE</b>	LOVE	ANGER
<b>OUTCOME</b>	SECURITY	FEAR
<b>RELATIONSHIP</b>	RESTORE	DAMAGE

- Parents, does your parenting style align more with discipline or punishment? How so?
- If you aren't in a season of parenting, what is God teaching you about giving or receiving discipline, either in your current season or a future one?

3. Read [Colossians 2:8](#). Discipline is a tool that leads to heart transformation. Below are some tips on how we can use that tool in a life-giving way. Where is God inviting you to take a next step? What will that look like for you practically?
  - Check your heart
  - Own your part
  - Choose appropriate consequences
  - Teach them to take responsibility
  - Restore them gently

## PRAY

As a Circle, we want to be intentional to spend time ministering to one another during our prayer time. Break into small groups or have your Circle go around and spend about ten minutes praying for God's healing, comfort, and restoration for each other as we continue to learn how to do healthy family God's way.

## LEADERS

- Find resources for VCLA and Young Adults at [vcla.com](http://vcla.com) and [valleycreek.org/youngadults](http://valleycreek.org/youngadults).