

Weekend Message on July 30, 2023

DISCUSS & ENGAGE THE SCRIPTURES

1. Read [Ephesians 6:12](#) NLT and [Colossians 3:12-14](#). We fight *for* our family, not *with* our family. How is God inviting you to grow in kindness and compassion toward your family?
2. Read [Hebrews 8:12](#) and [Hebrews 12:15](#).
 - As you consider your heart, what areas of unforgiveness may have produced bitterness in your life? What is God inviting you to do with that?
 - Remember, bitterness doesn't just hurt us, it hurts the people around us. If you have harbored unforgiveness, where have you seen it affect the people in your life?
3. Read [Matthew 18:21-22](#) NLT. Here are some practical ways to walk out forgiveness and questions to help you process. Which of these ways do you need to do the most heartwork in and why?
 - Ask Jesus for help. *What do you need to ask for?*
 - Go first in seeking forgiveness. *Who/what do you need to seek forgiveness for?*
 - Don't require an apology. *What do you need to release to move forward?*
 - Admit to what's been lost. *Take inventory of your heart by writing those down.*
 - Cancel the debt and credit the account. *How can you bless who you've forgiven?*

PRAY

Jesus, help us receive and release forgiveness as we declare and demonstrate the gospel through kindness and compassion for one another.

LEADERS

- Join the Movement is August 6 at 12:30pm. Invite anyone in your Circle who hasn't attended yet to register at valleycreek.org/jointhemovement. This is where people learn more about our story, our theology, and what being a hope carrier is all about.