



Weekend Message on October 6, 2024

PRACTICE PLAN CHECK-IN

For those who practiced silence and solitude last week, how did it go? What did you learn about yourself and God?

DISCUSS & ENGAGE THE SCRIPTURES

1. Practicing simplicity enables you to do all the other practices. Where have you been inspired to arrange and rearrange but unable to? How do you think complexity has contributed to that?
2. Read [Mark 10:21-23,25](#). Where in your life are you wealthy (have an abundance) and what's it been like to submit that to the lordship of Jesus?
3. Read [John 5:19](#) and [Matthew 6:33](#). Simplicity is arranging your life in a way that allows you to seek God's kingdom first. These five principles help us do that:
 - Slow down. *In what way is God inviting you to practice slowing down?*
 - Give it away. *How different would your life be if you only kept what was purposeful, meaningful, and beautiful?*
 - Quit the right things. *What in your life isn't helping you (or your kids) become like Jesus?*
 - Reevaluate often. *What is the Father doing in your life? Are you free to do it?*
 - Ask God first. *What is the Holy Spirit showing you about seeking God for your life?*

PRACTICE PLAN

Refuse to be in a hurry and give one significant thing away this week.

PRAY

Jesus, thank You for Your goodwill for us. May we seek to live simple and quiet lives full of adventure with You!

LEADERS

- In your attendance notes, add the responses to question #3. Share which topic sparked the most discussion and what some of the common threads were.
- Check out valleycreek.org/circleleaders for the Leader Guide.