VANDERBILT UNIVERSITY Adult Cardiothoracic Anesthesiology Fellowship Transesophageal Echocardiography Curriculum

Suggested Textbooks:

Clinical Manual & Review of Transesophageal Echocardiography by Mathew & Swaminathan Practical Perioperative Transesophageal Echocardiography by Sidebotham A Practical Approach to Transesophageal Echocardiography by Perrino

WEEK ONE

TRANSESOPHAGEAL TOMOGRAPHIC VIEWS

Suggested Reading:

Mathew & Swaminathan, Chapter 5 (pages 87-121) Sidebotham, Chapter 3 Perrino Chapter 2

Suggested PTE Masters.com Videos: Intro Part 1,2, and 3

Objectives:

- Know the names of the 28 suggested views and how to obtain the suggested 28 views for a comprehensive TEE examination (refer to ASE Guidelines for Performing a Comprehensive TEE: Recommendations from the ASE & the SCA, J Am Soc Echocardiography, 2013; 26: pages 921-964)
- 2. Identify all structures in each image

UNDERSTANDING ULTRASOUND SYSTEM CONTROLS

Suggested Reading:

Mathew & Swaminathan, Chapter 2 (pages 16-33) Sidebotham, Chapter 1 & 2 Perrino, Chapter 1

Suggested PTE Masters.com Videos: Knobology & Image Optimization

Objectives: Understand the purpose and use of the following

- 1. Gain
- 2. Time, Depth and Lateral Gain Compensation
- 3. Compression
- 4. Power
- 5. Frequency

- 6. Harmonics
- 7. Focal Zone
- 8. Depth
- 9. Zoom
- 10. Freeze
- 11. Sector Size
- 12. Color Doppler
- 13. Pulse Wave vs. Continuous Wave Doppler

LEFT VENTRICULAR SYSTOLIC FUNCTION

Suggested Reading:

Mathew & Swaminathan, Chapter 6 (pages 125-138) Sidebotham, Chapter 7 Perrino Chapter 3 & 4

Suggested PTE Masters.com Videos: Systolic Function (Basic, Additional Topics, Advanced)

- 1. Significance of the Pressure-Volume relationship/loop
- 2. Concept of "Load Dependence"
- 3. Normal LV dimensions and wall thickness
- 4. Evaluation of Cardiac output
- 5. (Load Dependent) Ejection Phase Indices
 - a. Fractional Shortening
 - b. Velocity of Circumferential Fiber Shortening
 - c. Fractional Area Change
 - d. Ejection Fraction
 - e. EF via Modified Simpson's Rule
- 6. (Load Dependent) Isovolumetric Indices
 - a. dP/dT
 - b. Wall stress
- 7. (Load Independent) Indices
 - a. End-systolic elastance
 - b. Preload recruitable stroke work
 - c. Preload-adjusted maximal power
 - d. Doppler Tissue Imaging, Strain, Color Kinesis, Use of contrast
- 8. Regional wall motion assessment/Seventeen-segment model

MITRAL VALVE

Suggested Reading:

Mathew & Swaminathan, Chapter 7 & 8 (pages 143-168 & 175-190) Sidebotham, Chapter 9 Perrino Chapters 8, 9, & 10

Suggested PTE Masters.com Videos: Mitral Valve Part 1-4 and MV Additional Topics **Objectives:**

- 1. Know all views to assess the MV
- 2. Anatomy of the MV and annular morphology
- 3. MV prolapse
- 4. MV regurgitation
 - a. Carpentier Classification
 - b. Pathophysiology of MR
 - c. Grading/severity of MR
 - i. 2-D Evaluation
 - ii. Color flow Doppler (color flow jet area)
 - iii. Vena Contracta Width
 - iv. Regurgitant Volume, Regurgitant Fraction & Effective Regurgitant Orifice Area (EROA)
 - v. Proximal Isovelocity Surface Area (PISA)
 - vi. Pulmonary Vein Flow Patterns
- 5. MV Stenosis
 - a. Pathophysiology of MS
 - b. Grading/severity of MS
 - i. 2-D Evaluation
 - ii. Color Flow Doppler (Turbulent Flow)
 - iii. Mean pressure gradient
 - iv. Mitral valve area (MVA)
 - v. Pressure Half-Time (PHT) & MVA via PHT method
 - vi. MVA via Deceleration Time
 - vii. MVA via continuity equation
 - viii. Mitral Valve Resistance
- 6. Mitral Valve Repair
 - a. Indications for Repair
 - b. Surgical Techniques
 - c. Mitral Annulus Calcification
 - d. SAM (Systolic Anterior Motion) and LVOT (LV outflow tract) obstruction after MV repair
 - e. Other complications after MV repair

AORTIC VALVE

Suggested Reading:

Mathew & Swaminathan, Chapter 9 (pages 195-215) Sidebotham, Chapter 10 Perrino Chapter 11 & 12

Suggested PTE Masters.com Videos: Aortic Valve and AV Additional Topics **Objectives**:

- 1. Know all views to assess the AV
- 2. Anatomy of the AV and annular morphology
- 3. Normal LVOT, annular, sinotubular junction and aortic root dimensions
- 4. Aortic Stenosis: AV, subvalvular and supravalvular
 - a. Pathophysiology of AS
 - b. Grading/severity of AS
 - i. 2-D Evaluation, including M-mode
 - ii. Color Flow Doppler (turbulent flow)
 - iii. Continuous-wave Doppler (CWD) envelope shape & density
 - iv. Pressure Gradients (mean gradient, peak gradient, peak velocity, peak instantaneous vs. peak-to-peak velocity)
 - v. Non/Sub-valvular Stenosis
 - vi. Low Gradient Aortic Stenosis
 - vii. Aortic Valve Area (AVA)-continuity equation
 - viii. Indexed AVA
 - ix. Dimensionless Index/Velocity Ratio
- 5. Aortic Insufficiency
 - a. Pathophysiology of AI
 - b. Grading/severity of AI
 - i. 2-D Evaluation
 - ii. Color Flow Doppler
 - iii. Vena Contracta Width
 - iv. Jet width/LVOT width ratio
 - v. Pressure Half-Time and Deceleration Slope
 - vi. Descending aorta diastolic flow reversal
 - vii. Regurgitant Volume, Regurgitant Fraction and Effective Regurgitant Orifice Area (EROA)
 - viii. AV repair techniques vs. Replacement
 - ix. Cardioplegia Considerations with AI

WEEK TWO

TRICUSPID VALVE

Suggested Reading:

Mathew & Swaminathan, Chapter 10 (pages 222-231) Sidebotham, Chapter 13 Perrino Chapter 14

Suggested PTE Masters.com Videos: The Right Heart Part 1-4

Objectives:

- 1. Know all views to assess the TV
- 2. Anatomy of the TV and annular morphology
- 3. TV regurgitation
 - a. Pathophysiology of TR
 - b. Grading/ severity of TR
 - i. 2-D Evaluation
 - ii. Tricuspid Annulus Diameter
 - iii. Color Flow Doppler
 - iv. Vena Contracta Width
 - v. Hepatic Vein Flow
 - vi. Coronary Sinus Flow
 - vii. TV Regurgitant Jet Velocity, Right Ventricular Systolic Pressure (RVSP), Systolic Pulmonary Artery Pressure
- 4. TV stenosis
 - a. Pathophysiology of TS
 - b. Grading/severity of TS
 - i. 2-D Evaluation
 - ii. Color Flow Doppler
 - iii. RV inflow velocity
 - iv. Mean Gradient
 - v. Pressure Half-Time
 - vi. TV area via continuity equation

PULMONIC VALVE

Suggested Reading:

Mathew & Swaminathan, Chapter 10 (pages 232-236) Sidebotham, Chapter 13 Perrino Chapter 14

Suggested PTE Masters.com Videos: The Right Heart Part 1-4

Objectives:

1. Know all views to assess the PV

- 2. Anatomy of the PV and annular morphology
- 3. Pulmonic Insufficiency
- 1. Common causes of PI
- 2. Grading/severity of PI
 - a. 2-D Evaluation
 - b. Color Flow Doppler
 - c. Regurgitant Length
 - d. Jet width/LVOT diameter ratio
 - e. CW Doppler signal (Density and Severity of Deceleration/Pressure Half-Time)
- 3. Pulmonic Stenosis
 - a. Pathophysiology of PS
 - b. Grading/severity of PS
 - i. 2-D Evaluation
 - ii. Color Flow Doppler
 - iii. Mean and peak gradients
 - iv. Pulmonic Valve Area via continuity equation
 - v. CW Doppler envelope
- 4. Pulmonary artery dimensions

RIGHT HEART FUNCTION

Suggested Reading:

Mathew & Swaminathan, Chapter 13 (pages 298-312) Sidebotham, Chapter 13 Perrino Chapter 14

Suggested PTE Masters.com Videos: The Right Heart Part 1-4

- 1. Know all views to assess RV Function
- 2. Normal RV structure, function, and dimensions
- 3. Assessment of regional systolic function
- 4. Assessment of Global RV systolic Function
 - a. Tricuspid Annular Plane Excursion (TAPSE)
 - b. Ejection Fraction
 - c. Fractional Area Change
 - d. Dp/dT
 - e. Myocardial Performance Index
 - f. Cardiac Output (via RVOT area & RVOT VTI)
- 5. Assessment of RV Diastolic Function
 - a. Tricuspid Inflow Velocities
 - b. Hepatic Vein Flow
 - c. Tricuspid Annulus Tissue Doppler

PROSTHETIC VALVES

Suggested Reading:

Mathew & Swaminathan, Chapter 11 (pages 240-260) Sidebotham, Chapter 12 Perrino Chapter 13

Suggested PTE Masters.com Videos: Prosthetic Valves, Prosthetic Valves-Cases Part 1 & 2

Objectives:

- 1. Know the different types and structure of prosthetic valves (mechanical, bioprosthetic and transcatheter aortic valves)
- 2. Know how to evaluate prosthetic valves
 - a. Normal findings of 2-D Imaging, Color Flow and Spectral Doppler (mean gradients) and EROA
- 3. Know prosthetic valve pathology
 - a. Patient-prosthesis mismatch
 - b. Endocarditis
 - c. Thrombosis/Thromboembolism
 - d. Fibrin Strands
 - e. Prosthesis Failure
 - f. Paravalvular Regurgitation
 - g. LVOT obstruction

QUANTITATIVE ECHOCARDIOGRAPHY

Suggested Reading:

Mathew & Swaminathan, Chapter 4 (pages 63-79) Sidebotham, Chapter 21 Perrino Chapter 6

Suggested PTE Masters.com Videos: Hemodynamic Calculations Part 1 and 2

- 1. Understand the concept of Doppler Shift
 - a. Understand the use of the different Doppler modalities
 - b. Doppler Shift
 - c. Pulsed-Wave Doppler
 - d. Continuous-Wave Doppler
 - e. High Pulse Repetition Frequency Doppler
 - f. Color Flow Doppler
 - g. Tissue Doppler
- 2. Understand the Use of Doppler for Hemodynamic Assessment

- a. Measurement and conservation of Flow (Continuity Equation)
- b. Measurement of Intracardiac Shunts
- c. Velocity Acceleration
- d. Measurement of Pressure (Bernoulli Equation)
- e. Measurement of Resistance
- f. Measurement of Contractility
- 3. Know how to quantify (and normal values of) the 4 chambers of the heart (LA, LV, RA & RV)

WEEK THREE

DIASTOLOGY

Suggested Reading:

Mathew & Swaminathan, Chapter 12 (pages 266-289) Sidebotham, Chapter 8 Perrino Chapter 7

Suggested PTE Masters.com Videos: Diastolic Function (Basic) Part 1, 2, and Diastolic Function (Advanced)

Objectives:

- 1. Understand the timing of the cardiac cycle and the four phases of diastole
- 2. Understand the importance and pathophysiology of diastolic dysfunction
- 3. Know how to evaluate Diastolic Dysfunction
 - a. Transmitral Inflow (normal vs. abnormal patterns and limitations)
 - b. Pulmonary Vein Flow (normal vs. abnormal patterns and limitations)
 - c. Mitral Annulus Tissue Doppler Imaging (normal vs. abnormal patterns and limitations)
 - d. Propagation Velocity

ANATOMIC VARIANTS

Suggested Reading:

Mathew & Swaminathan, Chapter 3 (pages 36-46) Sidebotham, Chapter 6 (pages 87-95) Perrino Chapter 22

Suggested PTE Masters.com Videos: Anatomic Variants and Pitfalls Part 1-3

Objectives: Be able to identify the following

- 1. Anatomic Variants of the Right Atrium
- 2. Anatomic Variants of the Left Atrium
- 3. Anatomic Variants of the Right Ventricle and Left Ventricle
- 4. Extracardiac Spaces

AORTIC SURGERY

Suggested Reading:

Mathew & Swaminathan, Chapter 16 (pages 370-380) Sidebotham, Chapter 11 Perrino Chapter 17

Suggested PTE Masters.com Videos: The Thoracic Aorta

Objectives:

- 1. Know all views to assess the thoracic aorta
- 2. Grading of Atheromatous plaque and calcification
- 3. Normal vessel dimensions
- 4. Aortic Aneurysm classification and evaluation
- 5. Aortic Dissection classification and evaluation
- 6. Endovascular Stenting and endoleak classification and evaluation

CARDIOMYOPATHIES

Suggested Reading:

Mathew & Swaminathan, Chapter 14 (pages 316-342) Sidebotham, Chapter 7 (pages 118-121) Perrino Chapter 3

Suggested PTE Masters.com Videos: Cardiomyopathies

Objectives:

Know the etiology, pathophysiology, clinical presentation and how to evaluate

- 1. Dilated Cardiomyopathy
- 2. Hypertrophic Cardiomyopathy (SAM/LVOTO)
- 3. Restrictive and Infiltrative Cardiomyopathy
- 4. Miscellaneous cardiomyopathies (Tako-tsubo, LV Non-Compaction & Arrhythmogenic RV cardiomyopathy)

CONGENITAL HEART DISEASE

Suggested Reading:

Mathew & Swaminathan, Chapter 18 (pages 406-433) Sidebotham, Chapter 14 Perrino Chapter 19

Suggested PTE Masters.com Videos: Intro to Congenital Heart Disease, Congenital Heart Disease Additional Topics Part 1-7

Objectives: Be able to identify and assess the following

- 1. Identification of Morphologic Left and Right Heart Structures
- 2. Visceral Situs
- 3. Anomalies of Venoatrial Connections (Persistent Left SVC, Anomalous Pulmonary Venous Return)
- 4. Atrial Situs
- 5. All types of Atrial Septal Defects
- 6. All types of Ventricular Septal Defects

- 7. AV canal defects
- 8. Mitral Valve Anomalies
- 9. Ebstein's Anomaly of the Tricuspid Valve
- 10. Bicuspid Aortic Valve
- 11. Tetrology of Fallot
- 12. Anomolies of the great arteries
- 13. Truncus Arteriosus
- 14. Transposition of the Great Arteries (TGA) and Congenitally corrected TGA
- 15. Double-Outlet RV
- 16. Know common congenital cardiac surgical procedures
 - a. Glenn Shunt
 - b. Fontan Procedure
 - c. Atrial Switch
 - d. Ross Procedure

WEEK 4

HEART FAILURE SURGERY

Suggested Reading:

Mathew & Swaminathan, Chapter 17 (pages 387-400) Sidebotham, Chapter 15 & 16 Perrino Chapter 15

Suggested PTE Masters.com Videos: VADS part 1 & 2

Objectives:

- 1. Understand the role of TEE in Heart Transplantation
 - a. Pre-transplant monitoring
 - b. Post-transplant monitoring
 - i. Key structures to assess
 - ii. Characteristic changes post-transplant
 - iii. Indicators of rejection
- 2. Understand the role of TEE in Mechanical Circulatory Support
 - a. Intra-aortic Balloon Pump
 - b. Left Ventricular Assist Devices
 - i. Pre-procedure assessment
 - ii. Assessment during Separation from Cardiopulmonary Bypass
 - iii. Postoperative assessment and complications
 - c. Right Ventricular Assist Devices

CARDIAC MASSES

Suggested Reading:

Mathew & Swaminathan, Chapter 19 (pages 440-446) Sidebotham, Chapter 6 (pages 95-99) Perrino Chapter 20

Suggested PTE Masters.com Videos: Tumors Rumors and Bad Humors, Part 1-4

Objectives: Identification of the following

- 1. Benign Cardiac Tumors
- 2. Malignant Primary Cardiac Tumors
- 3. Pericardial Tumors
- 4. Primary Tumors of the Aorta
- 5. Secondary Tumors of the Heart
- 6. Cardiac Thrombi
- 7. Atrial Septal Aneurysms
- 8. Endocarditis vegetations

PERICARDIAL DISEASES

Suggested Reading:

Mathew & Swaminathan, Chapter 15 (pages 351-364) Sidebotham, Chapter 7 (pages 118-122) & Chapter 19 (pages 318-320) Perrino Chapter 7

Suggested PTE Masters.com Videos: Pericardial Disease Part 1-7

Objectives:

- 1. Understand pericardial anatomy and physiology
- 2. Pericarditis and restrictive pericarditis
 - a. Pathophysiology
 - b. Evaluation of constrictive pericarditis
 - i. 2-D evaluation
 - ii. M-mode
 - iii. PW Doppler (Mitral inflow and Pulmonary Vein Flow)
 - iv. Tissue Doppler (Mitral Valve Annulus tissue velocities)
- 3. Cardiac Tamponade
 - a. Etiology and clinical presentation
 - b. Evaluation of Tamponade
 - i. 2-D Evaluation, RA and RV collapse
 - ii. PW Doppler (Mitral inflow and Pulmonary Vein Flow)
 - iii. Tissue Doppler (Mitral Valve Annulus tissue velocities)

PHYSICS & ULTRASOUND ARTIFACTS

Suggested Reading:

Mathew & Swaminathan, Chapter 1 & 3 (pages 1-9 & 46-51) Sidebotham, Chapter 1 Perrino Chapters 1,5 & 22

Suggested PTE Masters.com Videos: Physics of Ultrasound Part 1-11 and Doppler Ultrasound

Objectives: Understand the following

- 1. Nature and Properties of Ultrasound Waves
- 2. Properties of Pulsed Ultrasound
- 3. Propagation of Ultrasound though Tissues
- 4. Properties of the Ultrasound Transducer
- 5. The Six Components of an Ultrasound System
- 6. Ultrasound Imaging Modes
- 7. Determinants of 2-D Resolution
- 8. Principles of Doppler Ultrasound

- a. Pulse-Wave Doppler
- b. Continuous-Wave Doppler
- c. Color-Flow Doppler
- 9. Ultrasound Bioeffects

10. Identification of Ultrasound artifacts

- a. Reverberations
- b. Acoustic Shadowing
- c. Side-lobes
- d. Refraction Artifact
- e. Enhancement
- f. Mirror Images
- g. Electrical Noise and Acoustic Noise
- h. Aliasing

EPICARDIAL AND EPIARTIC ULTRASONOGRAPHY

Suggested Reading:

Mathew & Swaminathan, Chapter 20 (pages 454-461) *Sidebotham,* Chapter 5

Suggested PTE Masters.com Videos: Epicardial & Epiaortic Echocardiography

- 1. Know the names of all epicardial views
- 2. Identify all structures in each view