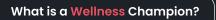
#### Dear [Team/Company Name] Family,

I hope this message finds you thriving and energized! At [Your Company Name], we believe that employee well-being is the foundation of a thriving workplace. To support this mission, we're excited to launch our Wellness Champion Program – we need passionate individuals like YOU to lead the way!

As a Wellness Champion , you'll play a pivotal role in promoting health, wellness, and positivity across our organization. If you're passionate about inspiring others, driving meaningful change, and fostering a culture of well-being, this could be the perfect opportunity for you.



A Wellness Champion is someone who helps promote and support wellness initiatives within our organization. You'll act as a liaison between employees and the wellness team, championing programs and activities that encourag healthy habits and foster a supportive, inclusive environment. ge



## **Key Responsibilities**

- Promote wellness programs, activities, and resources to colleagues. 1
- Act as a role model for healthy living, work-life balance, and mental well-being. 1
- Encourage participation in wellness challenges, events, and initiatives. 1
- Gather feedback from employees to improve wellness offerings. 1
- Collaborate with the wellness team to implement new ideas and strategies. 1
- Foster an inclusive and supportive environment for all employees. 1



## Who Are We Looking For?

We're seeking enthusiastic individuals who embody the following qualities:



A genuine interest in health, fitness, mental well-being, and overall wellness.



Leadership Skills : Willingness to take initiative and guide others toward healthier choices.



Skills Ability to inspire, motivate, and engage others.



Τe Collaborative mindset and ability to work with diverse groups.



Empathy and Approachability : Someone colleagues feel comfortable reaching out to.



Enthusiasm and energy to drive meaningful change.

No prior experience is required—just a willingness to learn, lead by example, and make a difference!

#### This is more than just a volunteer role—it's an opportunity to grow personally and professionally while making a lasting impact:

- Make a Meaningful Impact : Help create a healthier, happier workplace for everyone.
  Develop Leadership Skills : Gain valuable skills in communication, organization, and teamwork.
- Be Part of a Community : Connect with like-minded individuals who share your passion for
- wellness.
- Access Exclusive Resources : Receive training, tools, and opportunities to grow.
- Receive Recognition : Your contributions will be celebrated, and you'll be rewarded for your efforts.



## How to Get Involved:

We're seeking enthusiastic individuals who embody the following qualities:



Express Interest : Reply to this email or reach out directly to [Your Name] at





Attend an Info Session : Join us on [Date/Time] to learn more about the role, responsibilities, and expectations.





selected, you'll receive training and support to kick off your journey as a ellness Champion.



# **Questions?**

If you have any questions or would like more details, feel free to reach out to [Contact Person's Name] at [email address] or [phone number].

We're here to help!

## Join Us in Building a Healthier Workplace

Together, we can create a culture of wellness that benefits everyone. If you're ready to step up, inspire others, and make a lasting impact, we'd love to have you on board as a Wellness Champion.

Let's work together to make [Your Company Name] a healthier, happier place to work—one step at a time.

/arm regards, [Your Name] [Your Position] [Contact Information]