

# Endovascular techniques for CFA revascularization

## Theo Bisdas, MD, PhD

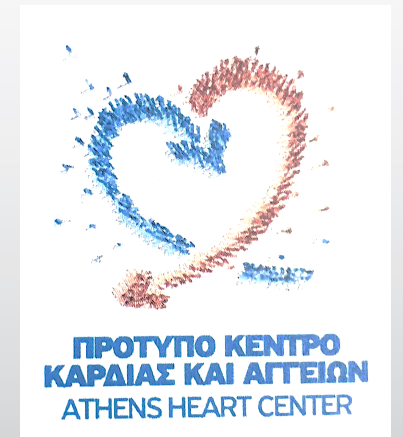
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Associate Professor of Vascular Surgery (UKM)

Co-Founder and COO of Vascupedia

Athens Medical Center

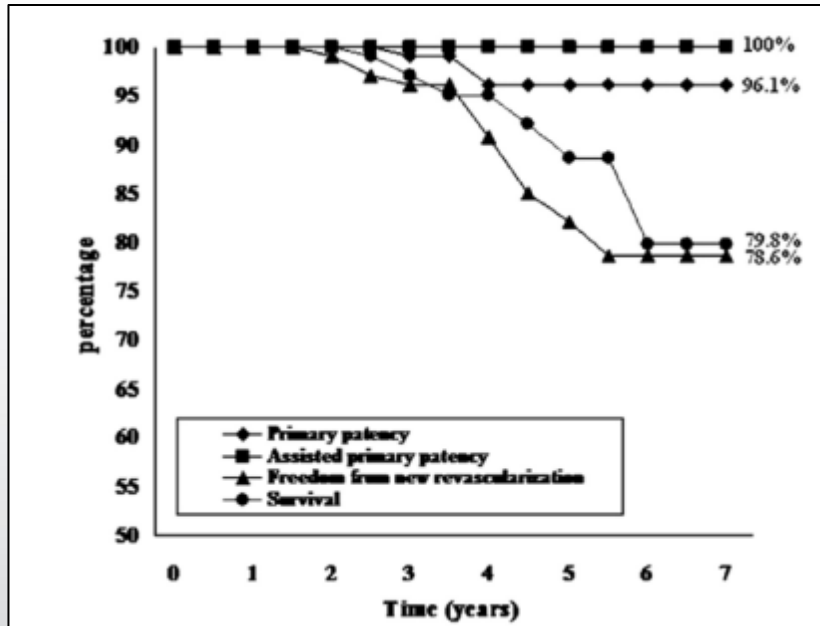
Athens, Greece



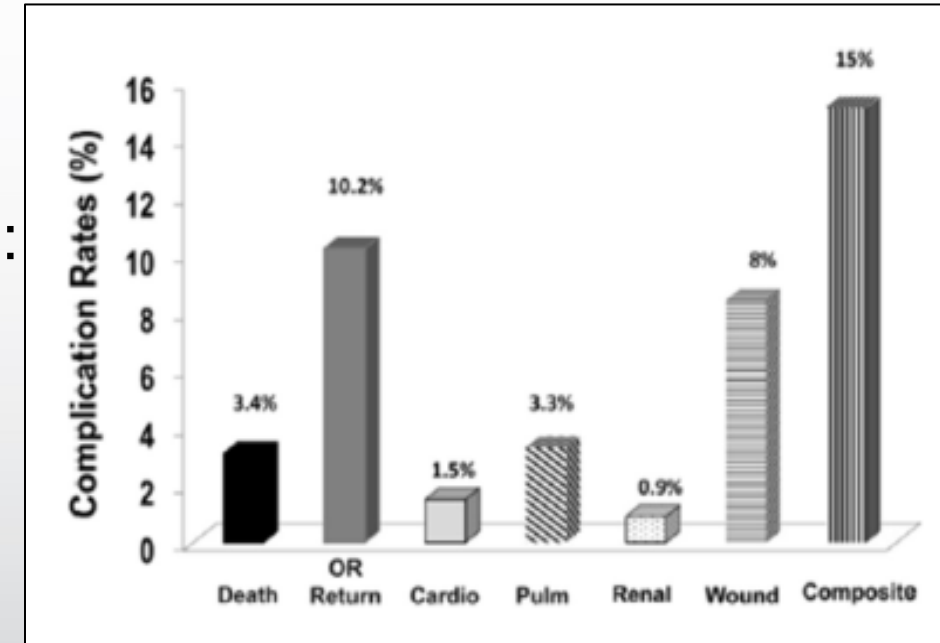
# Conflicts of interest

- **Consultancy & Honoraria:**
  - Medtronic, Boston Scientific, Penumbra, Philips, BBraun, Bard, COOK Medical, Profusa, Terumo, Angiodroid, GORE
- **Research grants:**
  - Medtronic, German Society of Vascular Surgery
- **Shareholder:**
  - Vascupedia

# Is the open surgical CFA repair still the gold standard?



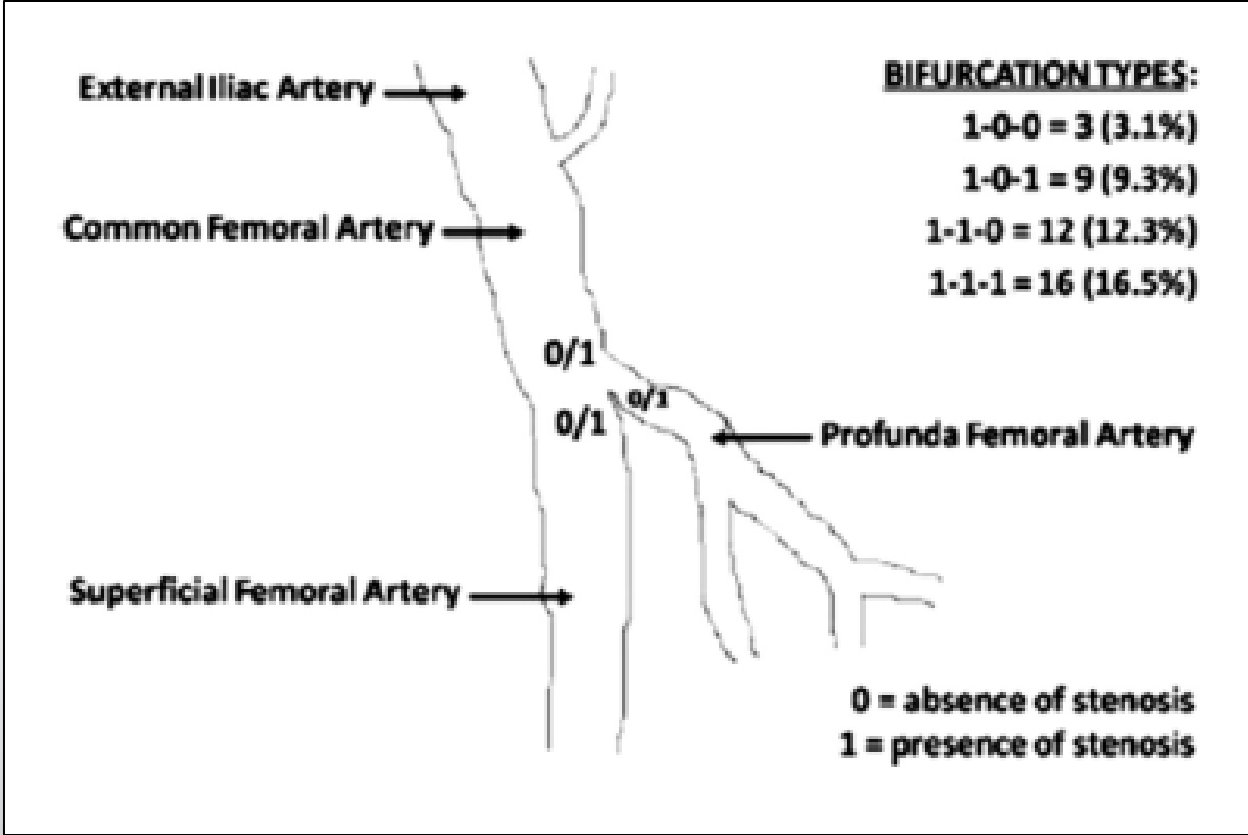
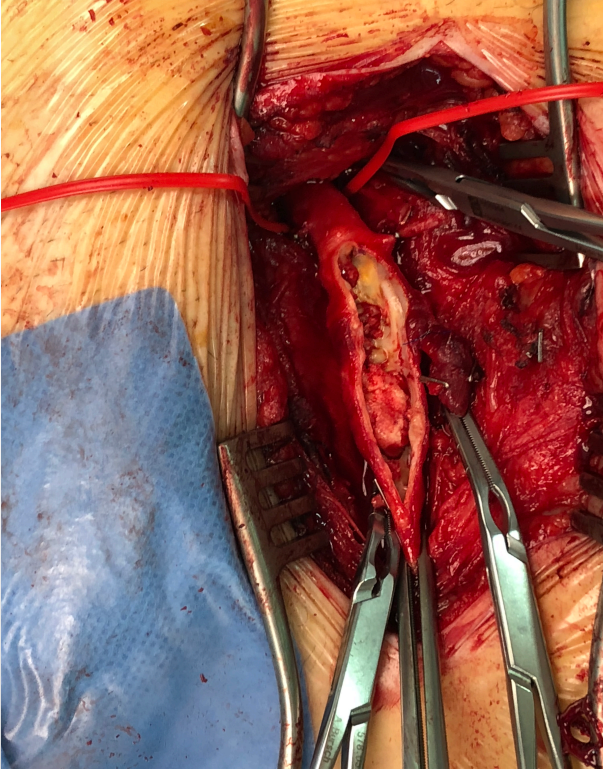
- Perioperative complication rate: 16%<sup>1</sup>
- Perioperative mortality: 1.5%<sup>1</sup>



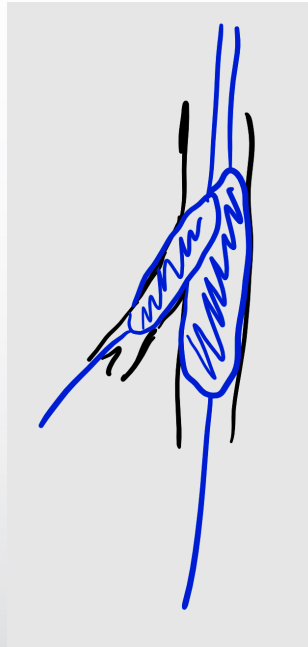
1. Wiecker et al. *J Vasc Surg.* 2016;64(4):995-1001  
2. Ballota et al. *Surgery* 2010;147(2):272

# The endovascular technique

## The Medina classification



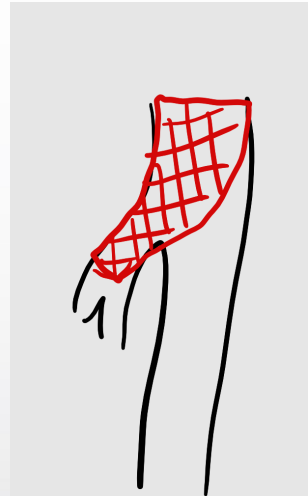
# Techniques of endovascular reconstruction for CFA



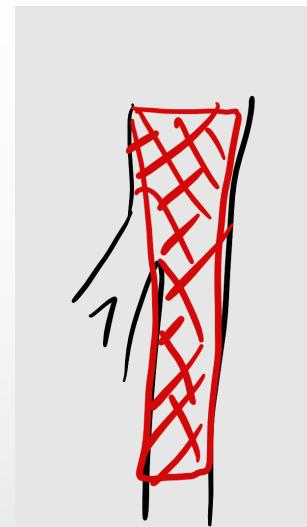
KISSING  
BALLOON



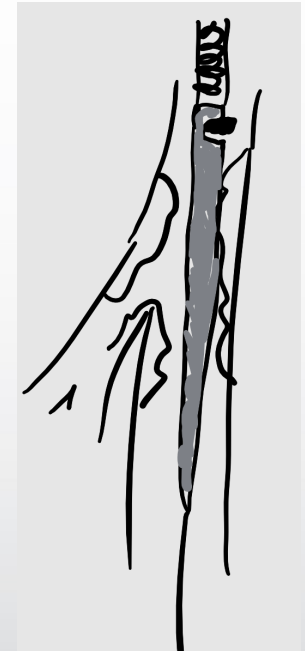
KISSING  
STENTS



SINGLE STENT,  
JAILED SFA



SINGLE STENT,  
JAILED PFA



ATHERECTOMY

# Data landscape

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## CLINICAL RESEARCH

## Interventional Cardiology

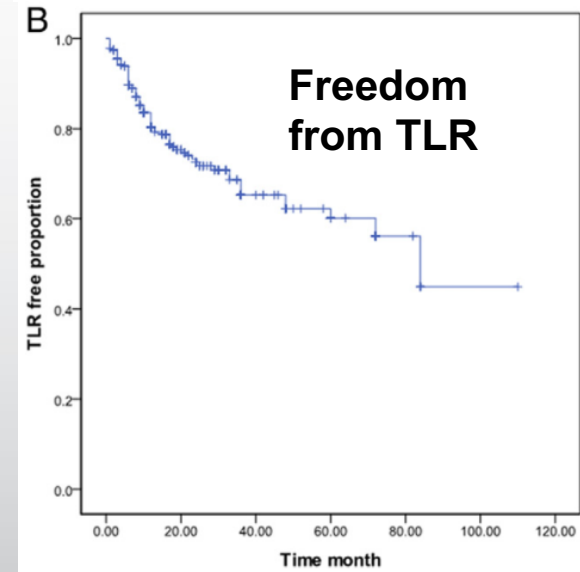
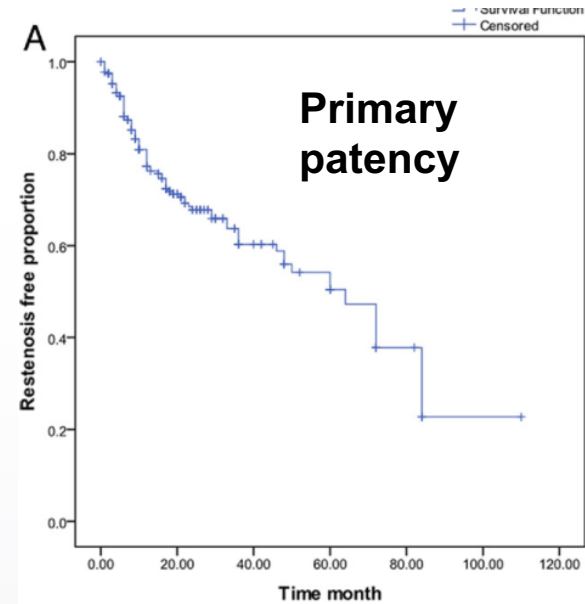
### Endovascular Treatment of Common Femoral Artery Disease

Medium-Term Outcomes of 360 Consecutive Procedures

Robert F. Bonvini, MD,\*† Aljoscha Rastan, MD,\* Sebastian Sixt, MD,\* Elias Noory, MD,\*  
Thomas Schwarz, MD,\* Ulrich Frank, MD,‡ Marco Roffi, MD,† Pierre André Dorsaz, PhD,†  
Uwe Schwarzwälder, MD,\* Karlheinz Bürgelin, MD,\* Roland Macharzina, MD,\* Thomas Zeller, MD\*  
*Bad Krozingen, Germany; and Geneva and Chur, Switzerland*

N=360 consecutive patients  
27% isolated CFA interventions  
39% bifurcation lesions  
Primary stenting: 37%

Technical  
success  
**93%**



**Restenosis: 28%**

**TLR: 20%**

# Predictors of adverse events during CFA intervention

Isolated CFA > CFA + other vessel ?

De novo < post-TEA ?

Stented > Non-stented

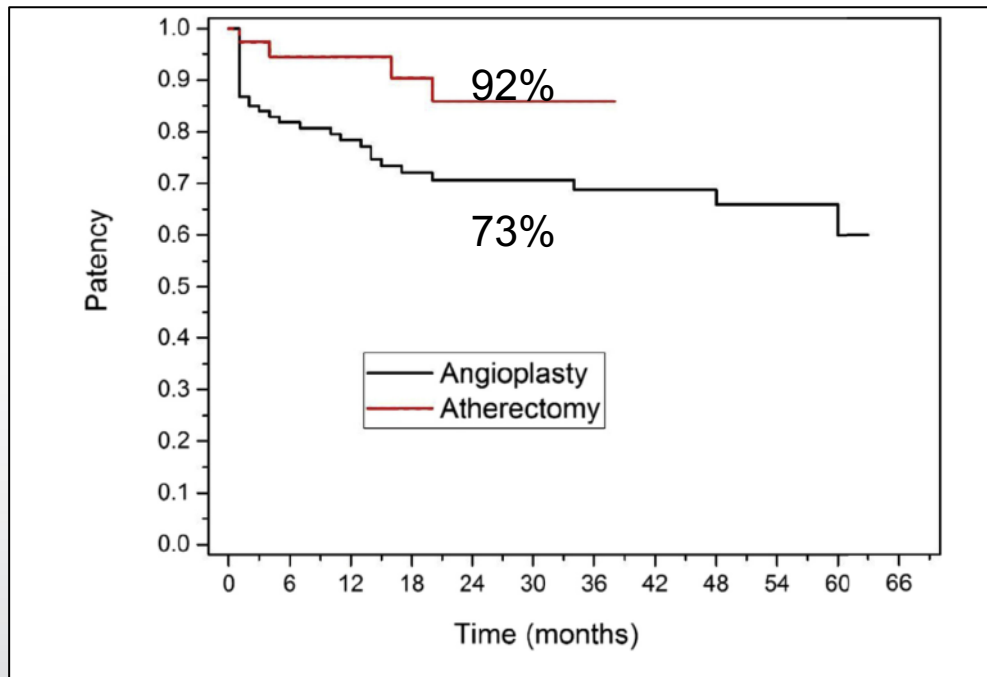
Atherectomy > PTA ± stent ?

**Table 5** Multivariate Analysis of Outcomes for 4 Different Patient Subgroups

	Isolated CFA (n = 97), %	CFA + Other Vessel PTA (n = 263), %	OR	95% CI	p Value
Failures	7.2	7.2	1.00	0.40-2.45	1.000
Complications	4.1	7.2	0.55	0.18-1.67	0.340
Restenosis	26.0	28.2	0.89	0.48-1.64	0.760
1-yr TLR	15.9	21.0	0.71	0.37-1.36	0.340
De Novo (n = 310), %		Post-TEA (n = 50), %			
Failures	7.7	4.0	0.49	0.11-2.17	0.550
Complications	5.5	12.0	2.35	0.88-6.28	0.110
Restenosis	29.6	16.7	0.47	0.20-1.12	0.090
1-yr TLR	20.4	14.9	0.68	0.29-1.60	0.430
Stented (n = 133) %		Nonstented (n = 227), %			
Failures	2.2	10.1	0.20	0.06-0.69	0.005
Complications	7.5	5.7	1.34	0.57-3.14	0.510
Restenosis	20.0	31.8	0.53	0.29-0.97	0.046
1-yr TLR	13.1	23.6	0.49	0.26-0.91	0.021
Atherectomy (n = 25), %		PTA ± Stent (n = 335), %			
Failures	4.0	7.5	0.51	0.07-3.98	1.000
Complications	0	6.9	0.26	0.01-4.42	0.380
Restenosis	11.8	28.7	0.35	0.07-1.48	0.160
1-yr TLR	4.8	20.9	0.18	0.02-1.42	0.090

# Endovascular repair

## Atherectomy+PTA vs PTA

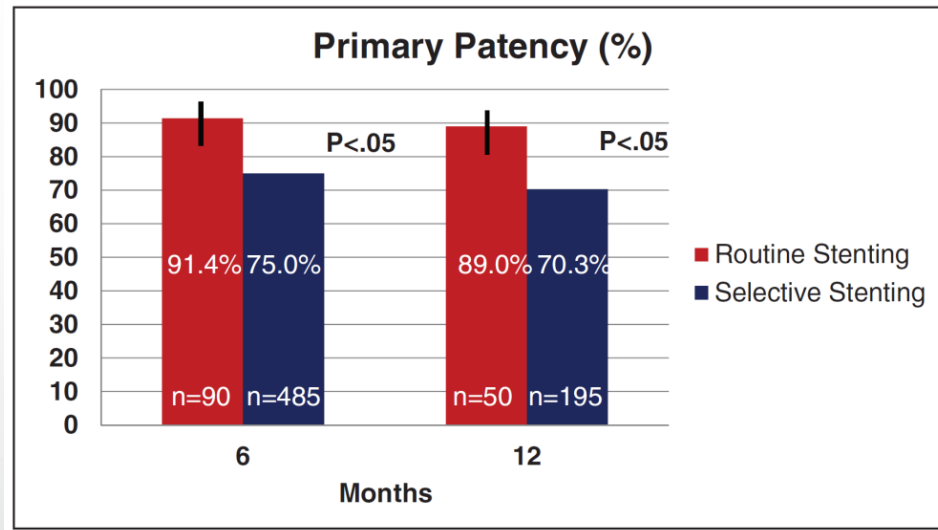


Atherectomy + PTA superior to PTA alone in claudicants



# Endovascular repair

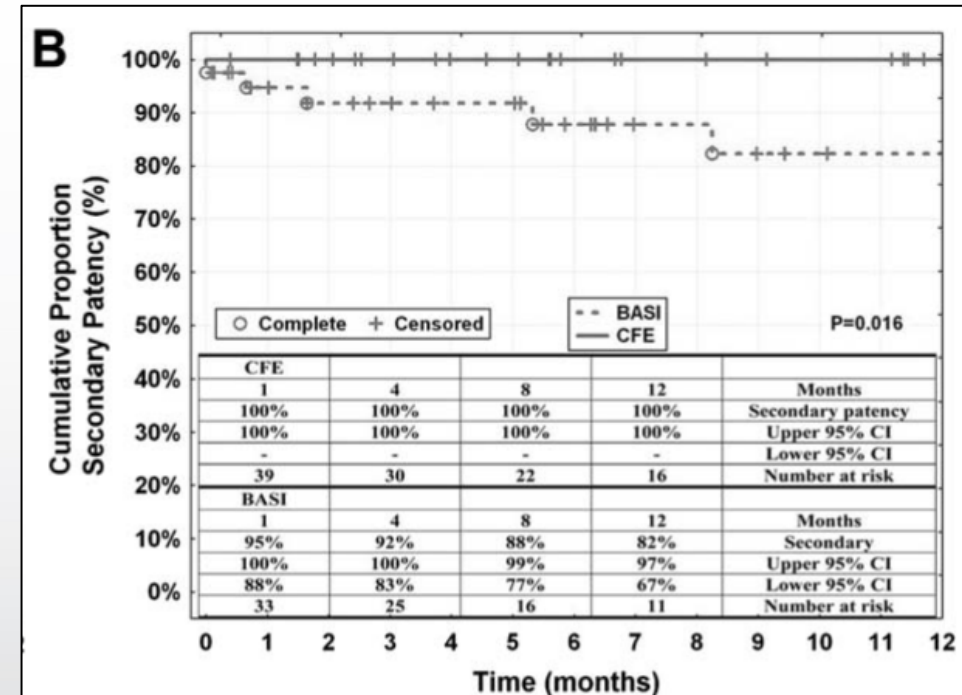
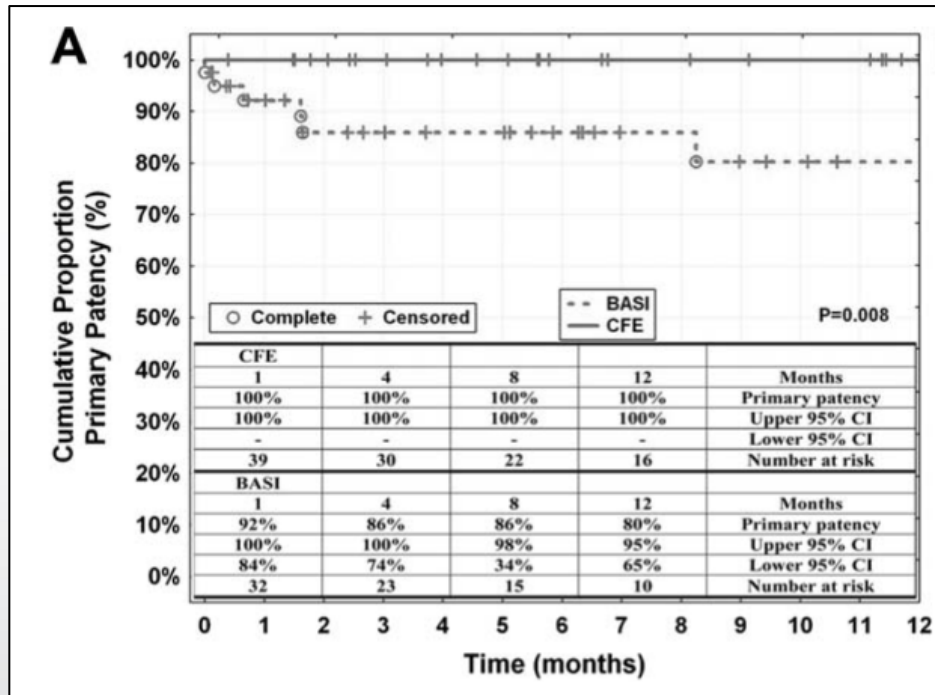
## Routine vs selective stenting



Mid-term patency of selective stenting is good and may be further improved by routine stenting

# Endovascular repair

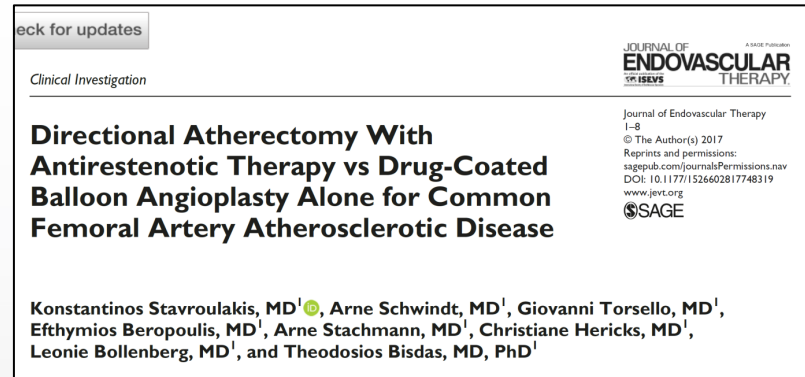
## Bioresorbable BMS vs CFA endarterectomy



This interim analysis suggests that BASI is not an option for CFA occlusion and is only a limited option for CFA stenosis.

# Endovascular repair

## DAART vs DCB alone



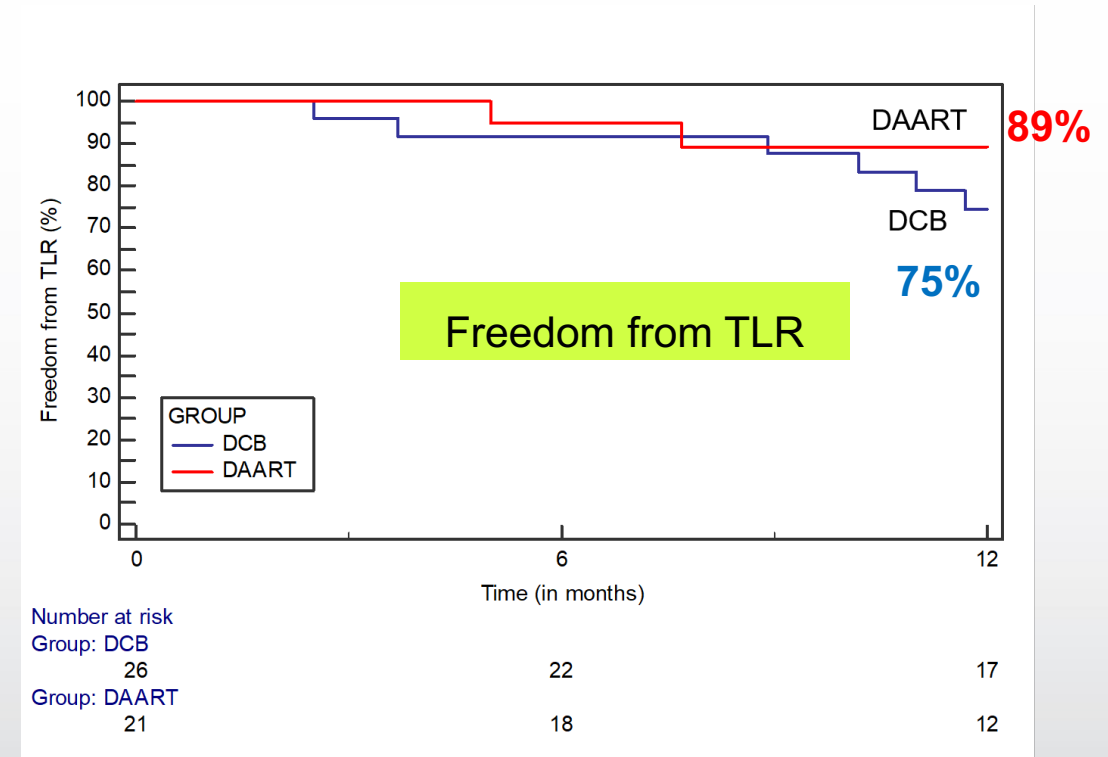
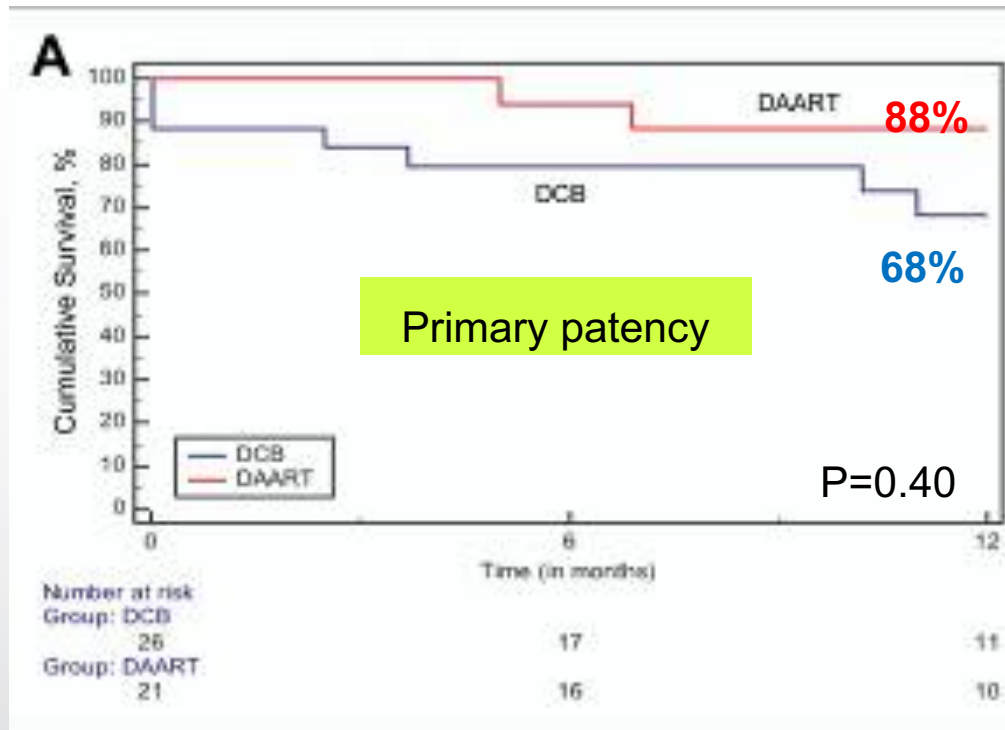
**Luminal gain**  
after atherectomy: 62%  
after DAART: 73%

**Technical success**  
after DAART: 88%  
after DCB: 75%



# Endovascular repair

## DAART vs DCB alone



**Secondary patency:**  
 DAART: 100%  
 DCB: 81%, P=0.03

# TECCO trial

## Stenting vs surgery for de novo CFA


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<http://dx.doi.org/10.1016/j.jcin.2017.03.046>

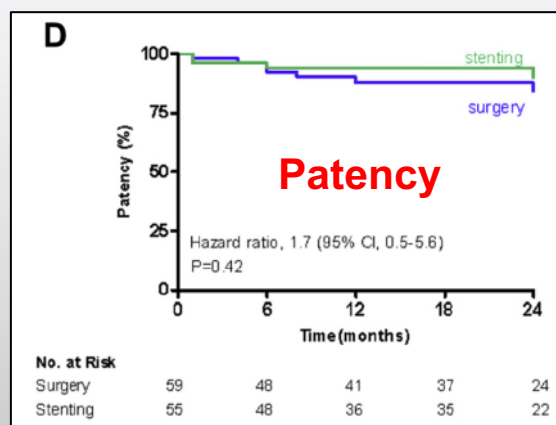
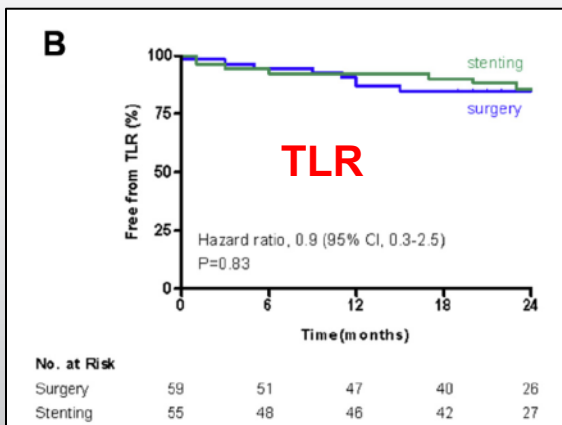
**PERIPHERAL VASCULAR**

### Stenting or Surgery for De Novo Common Femoral Artery Stenosis

Yann Gouëffic, MD, PhD,<sup>a,b,c</sup> Nellie Della Schiava, MD,<sup>d</sup> Fabien Thaveau, MD, PhD,<sup>e</sup> Eugenio Rosset, MD, PhD,<sup>f</sup> Jean-Pierre Favre, MD, PhD,<sup>g</sup> Lucie Salomon du Mont, MD,<sup>h</sup> Jean-Marc Alsac, MD, PhD,<sup>i</sup> Réda Hassen-Khodja, MD,<sup>j</sup> Thierry Reix, MD,<sup>k</sup> Eric Allaire, MD, PhD,<sup>l</sup> Eric Ducasse, MD, PhD,<sup>m</sup> Raphael Soler, MD,<sup>n</sup> Béatrice Guyomarc'h,<sup>o</sup> Bahaa Nasr, MD<sup>p</sup>



**Primary endpoint (PPA)**  
 Morbidity and mortality @ 30 days:  
 Open: 26%  
 Stent: 6%, P=0.005

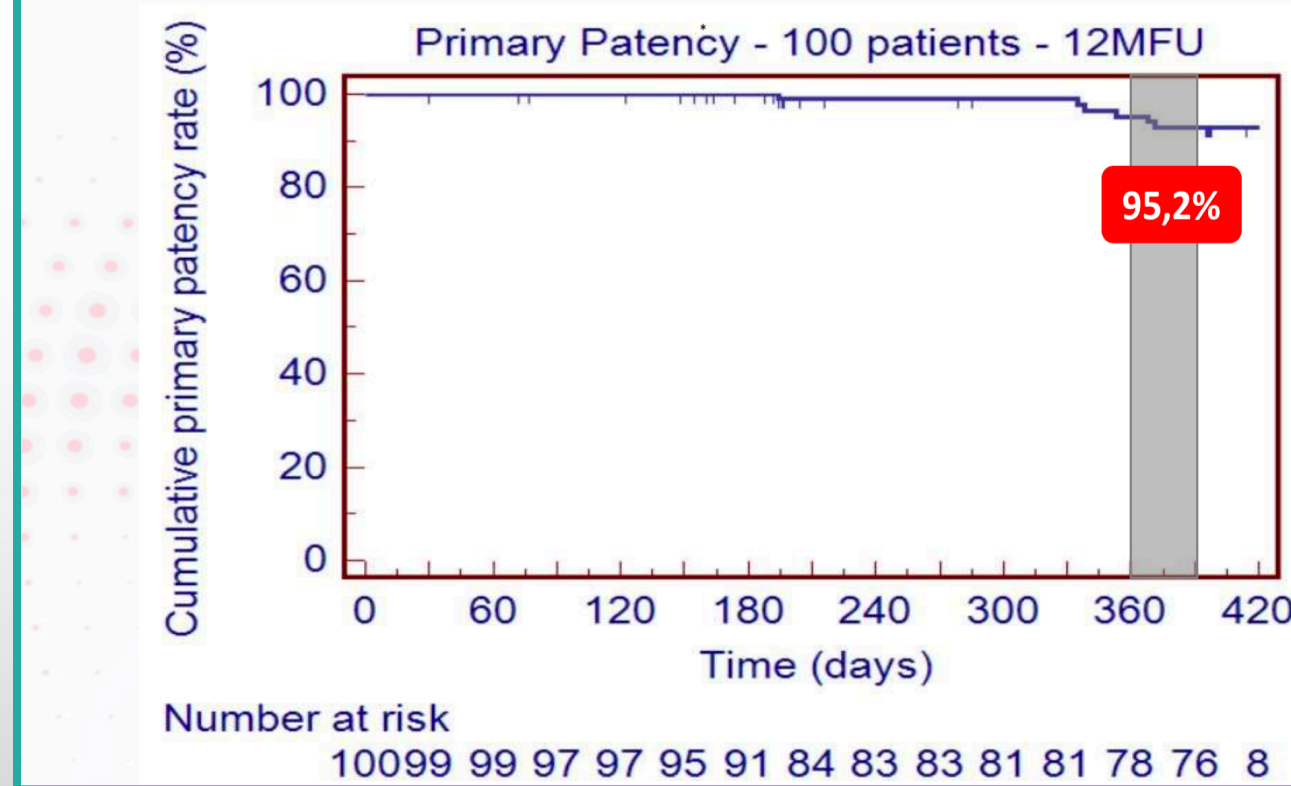


**Only 1 stent fracture**

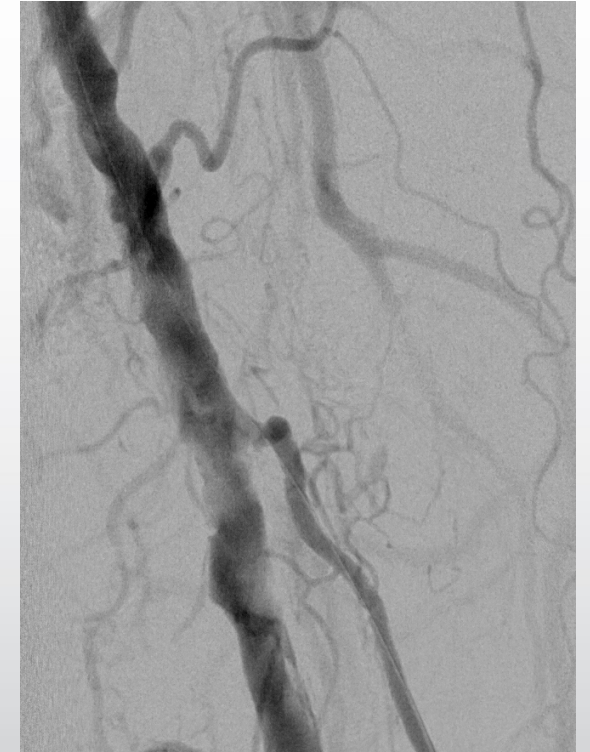
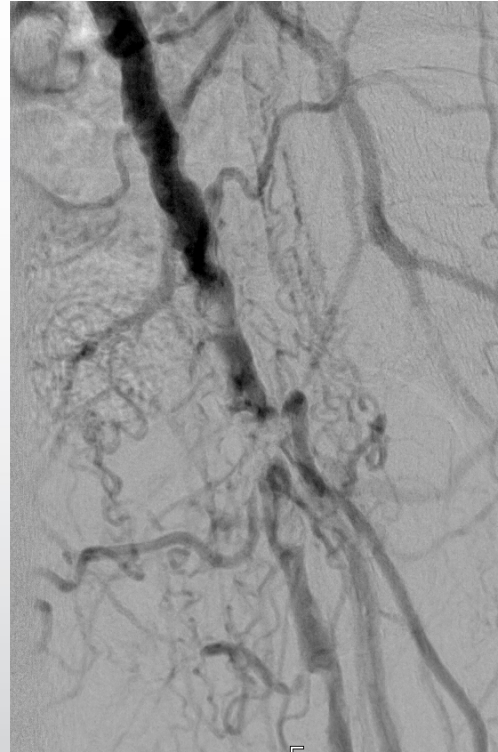
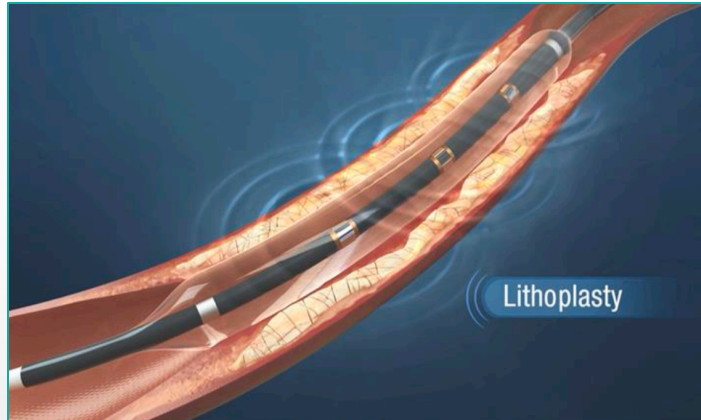
# CFA Stent therapy

## Supera Stent

### VMI-CFA trial: 1 year results



# Shockwave balloon for severely calcified CFA



# Common femoral artery Endovascular lithoplasty

## Safety and Feasibility of Intravascular Lithotripsy for Treatment of Common Femoral Artery Stenoses

Marianne Brodmann, MD<sup>1</sup>, Arne Schwindt, MD<sup>2</sup>, Angeliki Argyriou, MD<sup>2</sup>, and Roger Gammon, MD<sup>3</sup>

### Abstract

**Purpose:** To evaluate the safety and feasibility of treating calcified, stenotic common femoral arteries (CFAs) using the Peripheral Intravascular Lithotripsy (IVL) System. **Methods:** An analysis was performed of 21 patients (mean age  $71.9 \pm 10.1$  years; 16 men) across 3 sites with calcified CFA stenoses treated with the Peripheral IVL System. The outcomes of interest were the ability to deliver IVL to the target lesion, the increase in acute gain, the reduction in diameter stenosis, the rate of provisional stenting, and angiographically defined complications. **Results:** Access to the target lesion and delivery of treatment by the IVL catheter were successful in all 21 patients. Post treatment mean diameter stenosis was 21.3%, representing an acute mean lumen gain of  $3.1 \pm 1.3$  mm (range 0.7–5.2). Vascular complications were minimal, with only 5 type B (non-flowing-limiting) dissections reported. The profunda femoris artery was patent in all patients following IVL, and none of the subjects experienced a perforation, distal embolization, thrombus, no reflow, or abrupt closure. **Conclusion:** These early results demonstrate that calcified, stenotic CFA lesions can be safely and successfully treated using the Peripheral IVL System.

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SAGE

**Table 2.** Characteristics of the 21 Procedures and Outcomes.<sup>a</sup>

Predilatation, %	0
Successful IVL delivery	21
IVL pulses	$140 \pm 58$ (60–300)
Pressure, atm	$6.3 \pm 1.4$ (4.0–9.3)
Adjunctive technology	
Drug-coated balloon	18
Atherectomy	1
Standalone IVL	2
Stents	0
Outcomes	
Lumen diameter, mm	$4.8 \pm 1.1$ (2.8–6.5)
Diameter stenosis, %	$21.3 \pm 10.7$ (5.1–40.0)
Acute gain, mm	$3.1 \pm 1.3$ (0.7–5.5)
Dissection (grade B)	5
Perforation	0
Distal embolization	0
Thrombus	0
No reflow	0
Abrupt closure	0

Abbreviation: IVL, intravascular lithotripsy.

<sup>a</sup>Continuous data are presented as the mean  $\pm$  standard deviation (range); categorical data are given as the number.



**What's next?**

# PESTO-AFC trial

- **Percutaneous Intervention versus Surgery in the Treatment of Common Femoral Artery Lesions trial**
  - [www.clinicaltrials.org](http://www.clinicaltrials.org) NCT02517827
  - DAART versus open surgery
  - Primary Outcome Measures: Primary patency
- 
- Estimated Enrollment: 306
  - Study Start Date: November 2016
  - Est. Study Completion Date: December 2019
  - Est. Primary Completion Date: June 2018



*Post DAART*

# Who are candidates for endo-first for the CFA?

- Elderly and unfit patients
- Redo operations
- Previous radiation
- Multiple lymph nodes at the ultrasound
- Obese and diabetics
- Anastomotic stenoses after fempop Rx

# Summary

- The morbidity of CFA endarterectomy is often understated
- Endovascular CFA treatment is a viable and safe treatment
- Retrospective series: High restenosis rate when angioplasty and stent is used
- First RCT data favor endo treatment
- DAART could be the key endovascular option (PESTO AFC will provide more data)
- Lithoplasty and DCB in the CFA requires further research