FFRESH

CEGIN | BAR | KITCHEN

Siarad Cymraeg? Mae bwydlen Gymraeg ar gael.

SMALL PLATES

Lemon and lime salmon fishcake with tomato salsa £7 Battered brie wedges with an apricot compote [v] £6.50 Parsnip and mushroom nut bombe with fire roasted tomato [ve] £6.50 Asian Salad with charred tofu or chicken [ve] £7.50 Calamari and cheese coated with rice noodles £7.50

LARGE PLATES

(all served with potato cake and green beans) Baked salmon fillet with a parsley sauce £14 Nut roast of chestnuts, brown rice, mushrooms, and cranberries [ve] £14 Bacon wrapped turkey breast, stuffed with pork, sage and onion and cranberry sauce £14 Giant pig in blanket with creamy mashed potato and peas £14

S I D E S

Twisted curly fries £4 Sweet potato fries £5 Onion rings £5

CHILDREN

Cheese and tomato ciabatta (v) £5.50 Fish bites with curly fries £5.50 Chicken breast with curly fries £5.50

DESSERTS

Chocolate brownie (gf) £5.50

Caramelised biscuit cheesecake (ve) £5

[ve = vegan, v = vegetarian, gf = gluten free]

Your purchase helps us fire the imagination of young people in Wales through our learning projects.

