



Ana Isabel Rosal Martinez

Nutritionist

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Education

Present

Universidad del Valle de Guatemala
Nutritional coaching and new care approaches
2010

Universidad San Carlos de Guatemala
Master's degree in Management and Industrial
Service Companies.
1999

Universidad de San Carlos de Guatemala
Nutritionist
2011-2012

E-learning project management

Skills

Language

Spanish (native)

English (advanced)

Computer skills: Word, Excel, Power Point

Project management

Team leaderships

Education: didactic planning,

Technology

Face to face, distance and blended learning

Nutrition

Publications:

- Lutein and Eye Health. Food industry magazine. April-June 2007
- Collaboration in the Ablactation Consensus. Guatemalan Pediatric Association and products Gerber (the document was written with the collaboration of other authors)

Profile

My objective is to innovate in the field of nutrition and education by applying different strategies that promote changes in the population's living standard. My experience in different nutrition and education areas contribute in developing projects that are feasible and pertinent, taking into account cross-cutting topics such as interculturality, gender, childhood and youth. Pioneering training projects in Guatemala related to new approaches such as nutritional coaching, which is an approach that is already part of health systems in other countries with scientific evidence supporting their effectiveness.

Work experience

July 2016-Present

Nutrition Department Director, at Universidad del Valle de Guatemala.

Researcher at the university's Observatorio para el Desarrollo Económico Sostenible (ODES)

June 2011- June 2016

Nutrition Specialist (Professional III) Institute of Nutrition of Central America and Panama.

January 2005- November 2013

University professor in undergraduate and graduate programs

2004-Present

Independent consultant

References

MSc. Jaime Gimenez – Nutritional Coaching (Barcelona)

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