



Ana Isabel Rosal Martinez
Nutritionist-Collegiate 2054.
Address: 14 avenue 13 21 zone 10 Oakland 1.
Cell: (502) 5204 6405
Email: arosalmartinez@gmail.com

CURRICULUM VITAE

1. Work experience

July 2016-Current. Director of the Department of Nutrition and Researcher at the OES Sustainable Economic Observatory. Universidad del Valle de Guatemala.

- Responsible from 2016 to 2023 for curricular readjustment of the nutrition degree, incorporating innovative courses.
- Didactic design of two innovative Master's programs in Guatemala: Master in Nutrition, Health Coaching for Wellness and Nutrition in physical activity and sport, in partnership with Nutritional Coaching (Barcelona).
- Didactic design and implementation of continuing education courses for health professionals.
- Consultancy on diagnostic evaluation of food systems in Guatemala for RIKOLTO.
- Consultancy on rapid diagnosis of food systems for FAO.
- Collaboration on the issue of health and nutrition for the report on the state of water in the Metropolitan Region of Guatemala 2022. Project led by FUNCAGUA.
- Co-author of recipe book Guatemala as a melting pot of the gastronomic diversity of Mesoamerica. Prize from the UVG publishing house for the printing of it.
- Principal investigator for the development of the monitoring and evaluation system for Alianza por la Nutrición (APN).

January 1999-Current. Private Nutrition Clinic.

2010-2016. Professional III of the Human Resources Development Technical Unit at SAN. INCAP

- Didactic planning (instructional design) of courses in e-learning modality
- Coordination of virtual courses aimed at health and nutrition professionals and technicians from Central America and the Dominican Republic.

2004-2008, 2011-2018. Columnist. Nuestro Diario

August 2003- 2008. Quality control. Multipan

Teaching

July 2004- Present. University of the Valley of Guatemala

June 2005-May 2011. Rafael Landívar University.

San Carlos University of Guatemala.

Consultancies

2021. Determination of the nutritional value of Delisto company light menus.

2021. Participation in BANRURAL in the Nutrition program.

2010-2011. Association for the integral development of Las Verapaces-ASODIV-

2. Vocational Training

- 2010 San Carlos University of Guatemala
Master's Degree in Industrial Administration and Service Companies. CUM LAUDE distinction.
- 1999 University of San Carlos of Guatemala
Bachelor of Nutrition

3. Other studies

2022.

- Respectful eating and body release. Nutritional.
- Certified in educational coaching. UVG.

2021.

- Certification of time management and organizational efficiency. UDLAP- Mexico
- Plant-based food: health, culture and sustainability.
- Chrononutrition. Nutritional Coaching-Del Valle University
- Diploma: Communication for social and behavior change of the Great Crusade for the Nutrition- UNICEF/URL.

4. Skills

- Interpersonal skills, communication,
- Creative, results oriented
- Project management.
- Team leadership
- Face-to-face, b-learning and virtual education: from project management to nutrition assessment.
- Languages: Spanish (4), English (3)

5. Acknowledgments

- **COLLEGE OF CHEMISTS AND PHARMACEUTICS OF GUATEMALA 2022.**Recognition as a Notable Nutritionist 2022 for trajectory and innovation.
- **NATIONAL SECRETARY OF SCIENCE AND TECHNOLOGY. SENACYT. 2022.** Recognition as a Heroine of Science.

8. References.

Labor	Personal
MSc. Jaime Gimenez – Nutritional Coaching (Barcelona) +34 677 24 12 94 jaume@nutritionalcoaching.com MSc. Martha Salazar. +502 5514 5608 marthaeugenias@gmail.com MSc. Luis Galicia +598 98 899 660 galicia.luis@gmail.com Licda. Lilian Figueroa- (502) 5599 1193	Christa Aqueche- (502) 47394137- Claudia Morales - (502) 59097011 Patricia González- (502) 54191155-