Welbeck

Welbeck Weight Management

Please complete all sections of the form. **By completing this form, you confirm you have the consent required to share this information.**

PATIENT DETAILS

Title:	Forename:	Surname:
MRN:		
Date of birth:		Gender: ☐ Male ☐ Female ☐ Other
Residential address:		Postcode:
Telephone:	Mobile:	Email:
Height (cm):	Weight (kg):	Historic Max Weight (kg):

MEDICAL HISTORY

Please indicate whether the patient has any of the following conditions, which will result in **patient exclusion from the Weight Management** service:

- ☐ Age > 80
- ☐ Type 1 Diabetes
- ☐ Severe gastrointestinal disorders (e.g., gastroparesis)
- ☐ Pancreatitis
- ☐ Thyroid cancer (medullary thyroid carcinoma)
- ☐ Multiple endocrine neoplasia syndrome type 2 (MEN2)
- ☐ Mental health related conditions
- ☐ Currently Pregnant

Please indicate if the patient has any other diagnosed conditions:

- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ Prediabetes
- ☐ Type 2 Diabetes
- ☐ Other:
- ☐ Polycystic Ovary Syndrome (PCOS)
- ☐ Reproductive issues
- ☐ Fatty Liver Disease
- ☐ Sleep Apnoea

WEIGHT MANAGEMENT GOALS

- ☐ Weight Loss
- ☐ Prepare for Bariatric Surgery
- ☐ Blood Sugar Control
- ☐ Improve Fertility
- ☐ Improved Metabolic Health
- ☐ Reduction in Medication Dependence
- ☐ Better Overall Well-being (e.g. Better sleep)
- ☐ Other:

HAVE YOU ATTEMPTED ANY OF THE FOLLOWING FOR WEIGHT LOSS?

- ☐ Calorie-controlled diet
- ☐ Exercise program
- ☐ Low-carb / Keto diet
- ☐ Other:
- ☐ Intermittent fasting
- ☐ Prescription weight-loss medication
- ☐ Bariatric surgery

ARE YOU CURRENTLY TAKING ANY OF THE FOLLOWING MEDICATIONS FOR WEIGHT LOSS OR DIABETES?

- ☐ Metformin
- ☐ GLP-1 RA (e.g., Ozempic, Wegovy, Saxenda, Trulicity, Mounjaro)
- ☐ None
- ☐ Insulin
- ☐ Other:

IF YOU ARE CURRENTLY TAKING GLP-1 MEDICATION, PLEASE SPECIFY WHICH ONE:

Drug:

Duration:

EXTRA REQUIRMENTS

Special equipment requirements:	Wheelchair access: ☐ Yes
Interpreter required: ☐ Yes, please confirm language:	Other:

Please attach the last clinic letter, any relevant test results and any additional documentation to this form & submit to us using the below email.

T: +44 (0)20 3653 2009

E: bookings.digestivehealth@onewelbeck.com

Welbeck Digestive Health,
1 Welbeck Street, London W1G 0AR

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REFERrER DETAILS

Gp/referrer name :	Gp/referrer practice :
Gp/referrer contact number:	Gp/referrer email:

PAYMENT DETAILS (IF KNOWN)

TYPE: ☐ Self-funding ☐ Embassy ☐ Other (please complete below sections as appropriate)	
Embassy:	Letter of guarantee: ☐ Yes (please attach)

Pricing Details:

- Diagnostics Package (£2,000) – A consultant-led assessment including comprehensive diagnostic testing and specialist initial consultation and review.
- Treatment Package (£2,000 per quarter) – Includes GLP-1 therapy where clinically indicated (inclusive of 15% patient discount), follow-up consultation with consultant, and repeat of selected core bloods. This package provides safe, evidence-based weight management with continuity of care.
- Optional Package Features:
  - Multiparametric MRI with cT1 scoring
    1. Body Composition Scan (£600) - Quantitative measurements of visceral, subcutaneous adipose tissue and skeletal muscle. Safe and noninvasive assessment with non-contrast MRI.
    2. Liver MultiScan (£1,460) - Precise measures of liver disease activity, fat, and iron content across the whole liver. Sensitive to dynamic change in disease activity. Recognized in clinical guidelines for MASH. May be combined with a baseline liver MRI (£1,540).
    3. Comprehensive CoverScan (£1,890) - Assessment of six organs and body composition in a single multiparametric scan. Identify organ damage and stratify patients. Inclusive of Body Composition & Liver.
  - Psychological & Dietetic Support
    1. Dietetic Foundations / Implementation Support (~£920) - Initial 1-hour consultation, plus 4-hour time bundle to be used over the 3-months led by a specialist bariatric dietitian team
    2. Psychology / Behaviour Change Support (~£1,040) - Initial 50-minute psychological assessment + 8 x 50-minute therapy sessions led by a specialist psychologist or other qualified mental healthcare professional
    3. Integrated Wraparound Support (~£2,500) – Tailored for more complex patients, a combination of Options (1) and (2) with additional time for MDT support

The following tests are included in the Welbeck Weight Management diagnostics package. If the patient has had any of these tests recently, please **untick** the relevant test(s) below. Where any test is excluded, a **15% flat discount** will be applied to the screening package cost.

BLOOD TEST REQUESTED:

☒ FBC	☒ TSH	☒ Ferritin
☒ U&E	☒ Lipid profile	☒ Iron Studies
☒ LFT	☒ Lipoprotein(a)	☒ Vitamin D (25-OH)
☒ ELF test	☒ HbA1c	☒ Folate
☒ Amylase	☒ Vitamin B12	☒ Albumin
☒ Bone Profile		

IMAGING TESTS REQUESTED:

☒ Abdominal and Gallbladder Ultrasound	☒ Thyroid Ultrasound
☐ Body Composition Scan	☐ CoverScan
☐ Liver MRI	☐ Liver MultiScan

I confirm that I have discussed the self-funding nature of this referral with the patient, including the approximate costs involved, and that the patient has expressed their wish to proceed on this basis.

Gp/referrer Name:	Signed:	Date:	Professional Reg No:

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