



# STAY HYDRATED YEAR ROUND

## with Werner Electric's Purified Bottled Water & Flavored Sqwincher Qwik Sticks!

Hydration is essential when wearing heavy, personal protective equipment. Avoid dehydration with Werner Electric's Purified Drinking Water and Sqwincher Qwik Sticks – flavorful, single-serve hydration solutions. Just add a Qwik Stik to your bottled water!



### Purified Drinking Water

Bottle Size	Werner Number	Number of Bottles	Price
16.9oz	4190131	40 per case	\$5.75/case

### Sqwincher Qwik Stik Single-serve hydration solution

Flavor	Catalog Number	UPC	Case UPC
Orange	060100-OR	0-75880-41201-4	0-75880-21201-0
Mixed Berry	060101-MB	0-75880-41202-1	0-75880-21202-7
Fruit Punch	060102-FP	0-75880-41203-8	0-75880-21203-4
Lemonade	060103-LA	0-75880-41204-5	0-75880-21204-1
Lemon-Lime	060106-LL	0-75880-41208-3	0-75880-21208-9

### Hydrating 101

- Drink before, during, and after physical labor to replace lost body fluid.
- Increase water intake for high temperatures, high humidity, heavy protective clothing and difficulty of work.
- By the time thirst arises, you are already 2% dehydrated.
- Drink 5 to 7 ounces of fluids every 15–20 minutes to ensure proper hydration.
- Keep cool, clean water within easy reach at all times, so workers can reach it easily in their job area.



Price **\$19.99/bag**

Units 50 stiks/bag

Package yield 16.9 oz.

Package size .11 oz.

#### Advantages:

- Mix with bottled water
- 16.9 oz. makes .5 liter
- Easy to carry along
- On-the-go hydration – add powder to water, shake well



For questions, please contact your Werner Electric Supply customer service representative.