

# Medical Competence





Germany  
Cameroon  
Belgium  
United  
Kingdom

# i.MED

A smart Training Academy for Health Professionals in Cameroon.

**i.MED is a Continuing Medical Education (CME) Programme**

# What is **i**med and who is behind it?

## International Medical Academy, powered by the Diaspora

A Professional Networking  
Academy for Doctors, Health  
Professionals & Students  
Worldwide with special focus  
to improve **Health Care**  
delivery in Cameroon

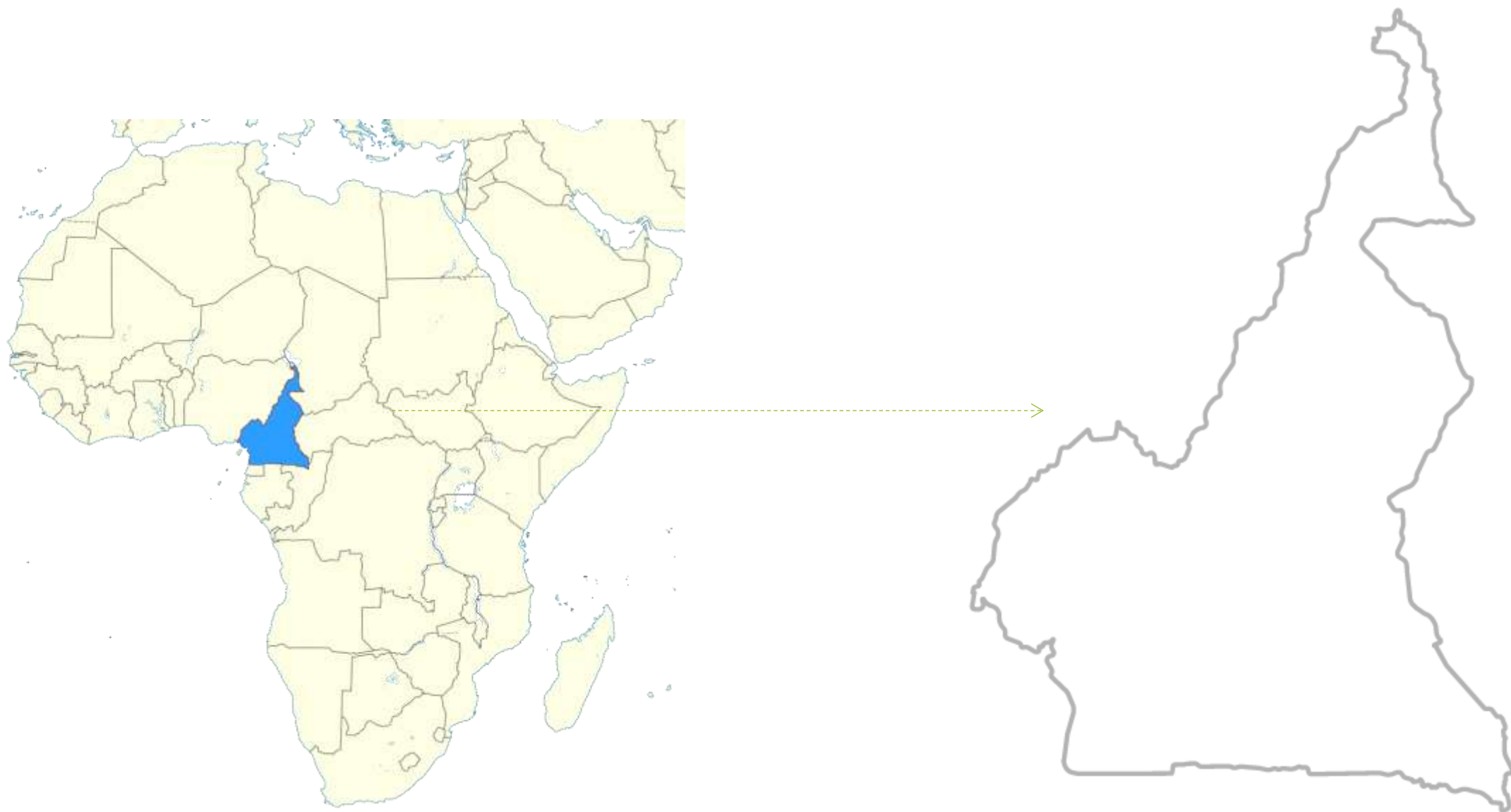


Networks of shared knowledge

# About Cameroon

## Population growth estimates

Cameroon is a middle-income central African country of about **475 440 km<sup>2</sup>** an overall 20 million population. Women represent **51 %** of the population



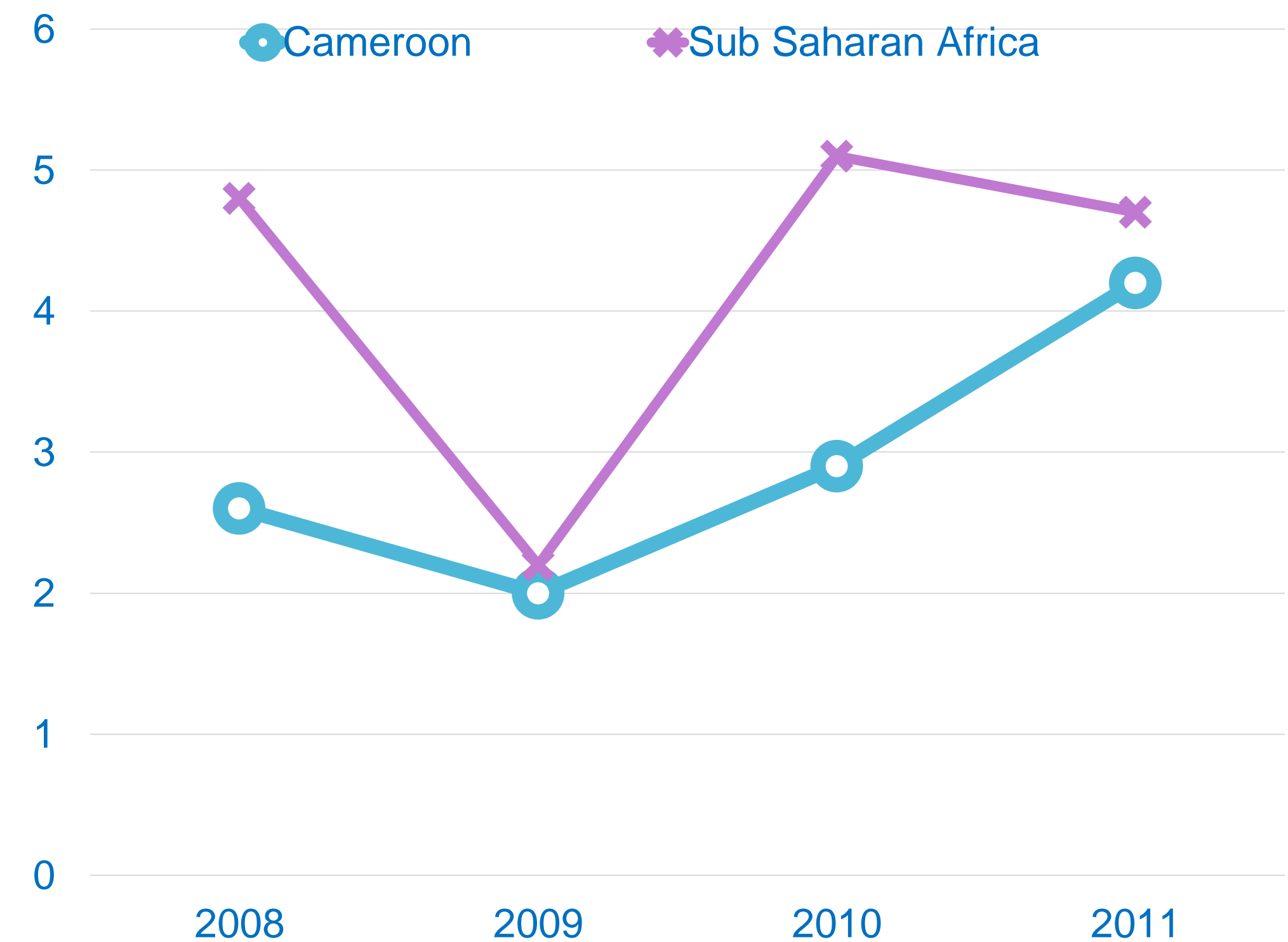
- less than 5yrs
- 5yrs - 14yrs
- less than 20yrs

# Cameroon – Economic growth

## 2008 - 2011

Comparatively Slow growth and low investment in health

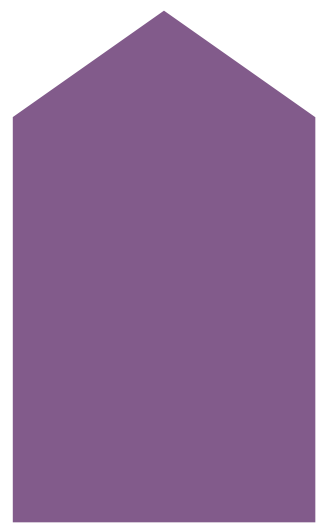
- Cameroon is one of 25 countries which spend less than 5% of their GDP (ref UA, Minsanté) on health in Africa.
- The health budget account just for 20% in the total health expenditures of the country.
- 80% of the health expenditures of each Cameroonian are still provided by families.
- There is no health insurance system



# Health worker crisis

“Cameroon without Doctors by 2009” was the title of an article of the Africa research bulletin in 2006 (volume 43) which highlighted the issue of mass exodus of Medical Practitioners

65%



1995–2005

Doctors and  
Nurses who  
migrated out of  
country

City - health workers-to-population ratio

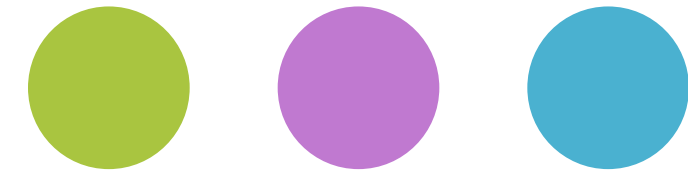
1 : 10,000 to 20,000

Rural north – health workers-to-population ratio

1 : 40,000 to 50,000

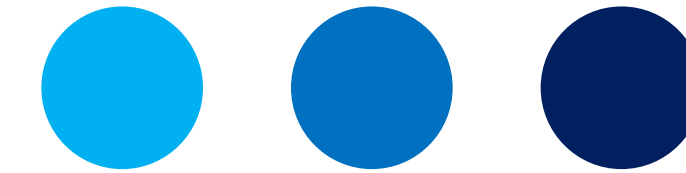
# Medical schools and professional development

8 Schools of Medicine now exist in Cameroon (6 of which are private)



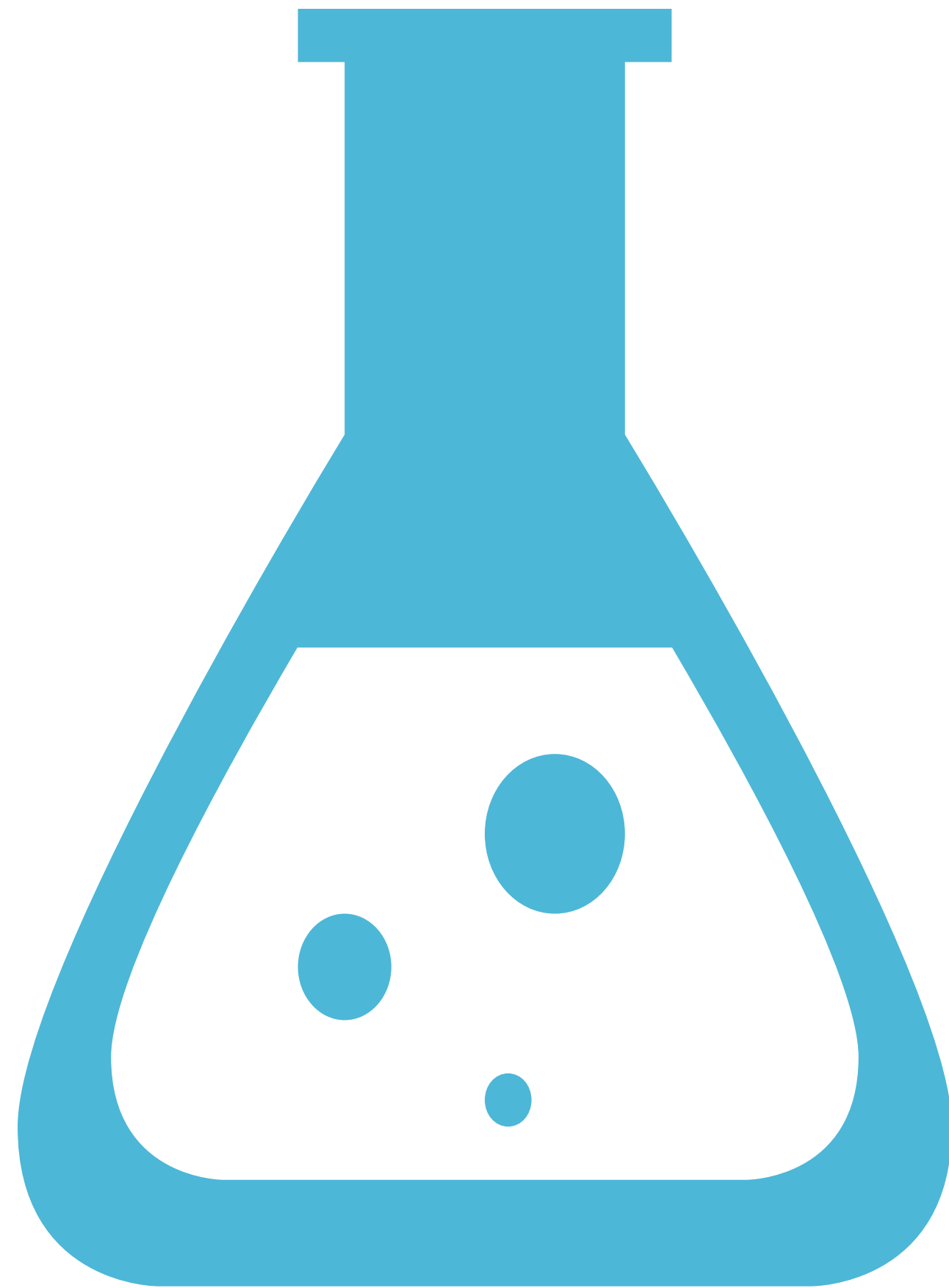
An estimated 6000 students

An estimated 6000 students are enrolled in the various medical schools in the country

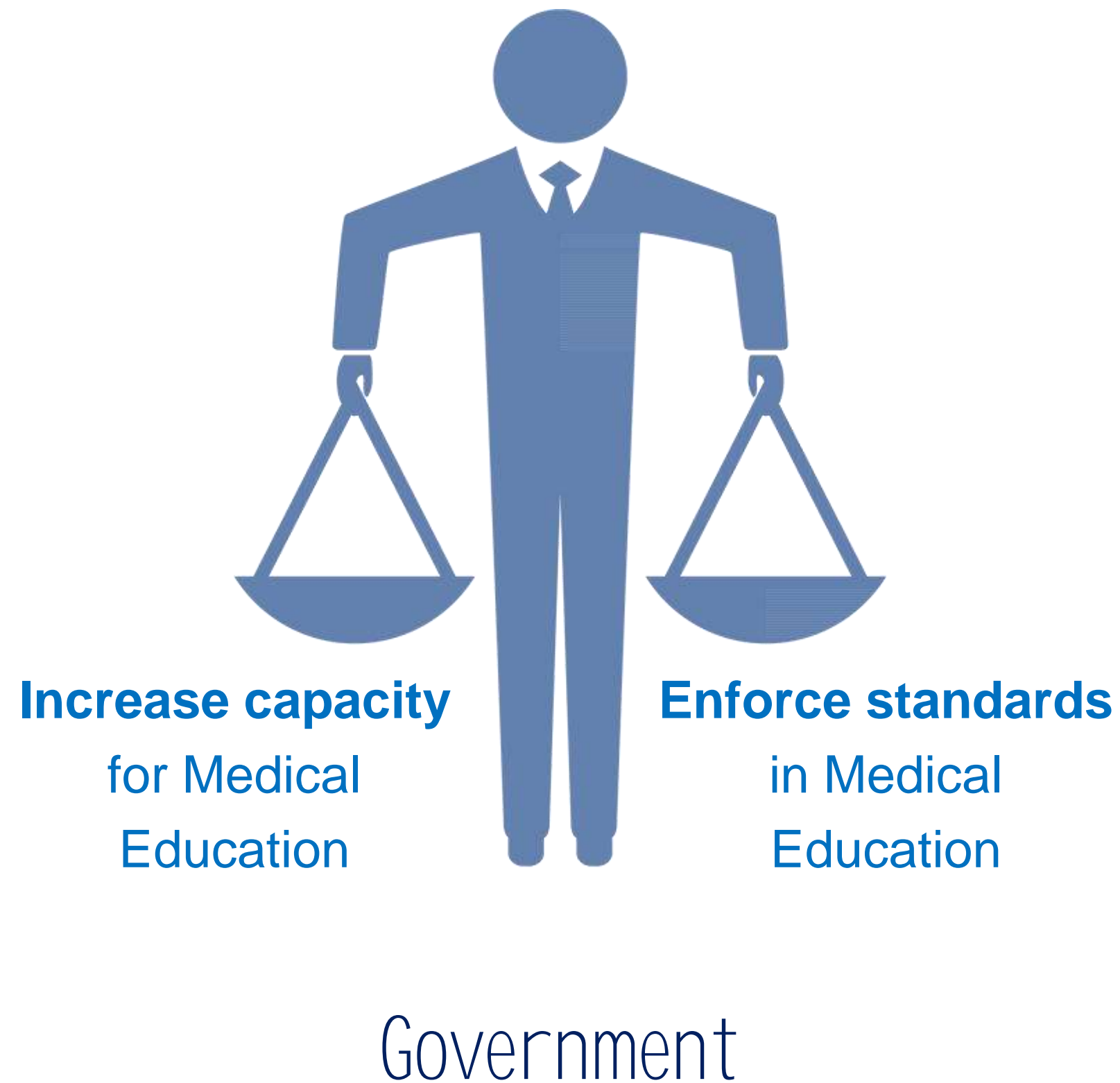


Over subscribed medical schools unable to cope with demand

- Of over 1,300 applicants only 85 are admitted to CUSS (oldest and most prestigious)
- CUSS, now the Faculty of Medicine as Biomedical Sciences (FMSB) – Yaoundé until 2007 was the only medical school
- CUSS is the only Medical School with basic infrastructure for practical training



# The Dilemma of the authorities



- A study shows only 2 of the 6 private University-level Medical Schools, met “the minimal functioning norms” of a medical school. (MINESUP, 2013)
- The authorities have to balance the reality of shutting down below standard medical training with reality of lack of enough medical institutions
- All medical institutions suffer from underequipped and poorly maintained facilities
- Lack of training on new diagnostic techniques like ECG, Sonography
- Faculties and Medical Council do not have continuous medical education (CME) programme



# WHY?

## Why the i.MED programme

---

### Basic Problems within the System

- Inadequate training institutions
- Inadequate training staff (capacity)
- Poor infrastructure
- Poor working conditions

### Symptoms



The Lack of qualified medical personal



Inadequate Health care delivery systems

# Our activities

The i.MED academy has the right **Physician** and **Specialist Resources** to help meet the professional needs of the Cameroonian Health Worker

## Conferences



## Smart Courses

**Courses like:**

- Endoscopic Techniques
- Electro Cardiography
- Ultrasound Techniques



## Lectures & Symposium



## Hands-on Workshops



## Grand Rounds



## Common Medical Interventions



\*\*Accreditation Policy and Procedure to be finalised in partnership with Cameroon Medical Council.

# Assisting volunteers

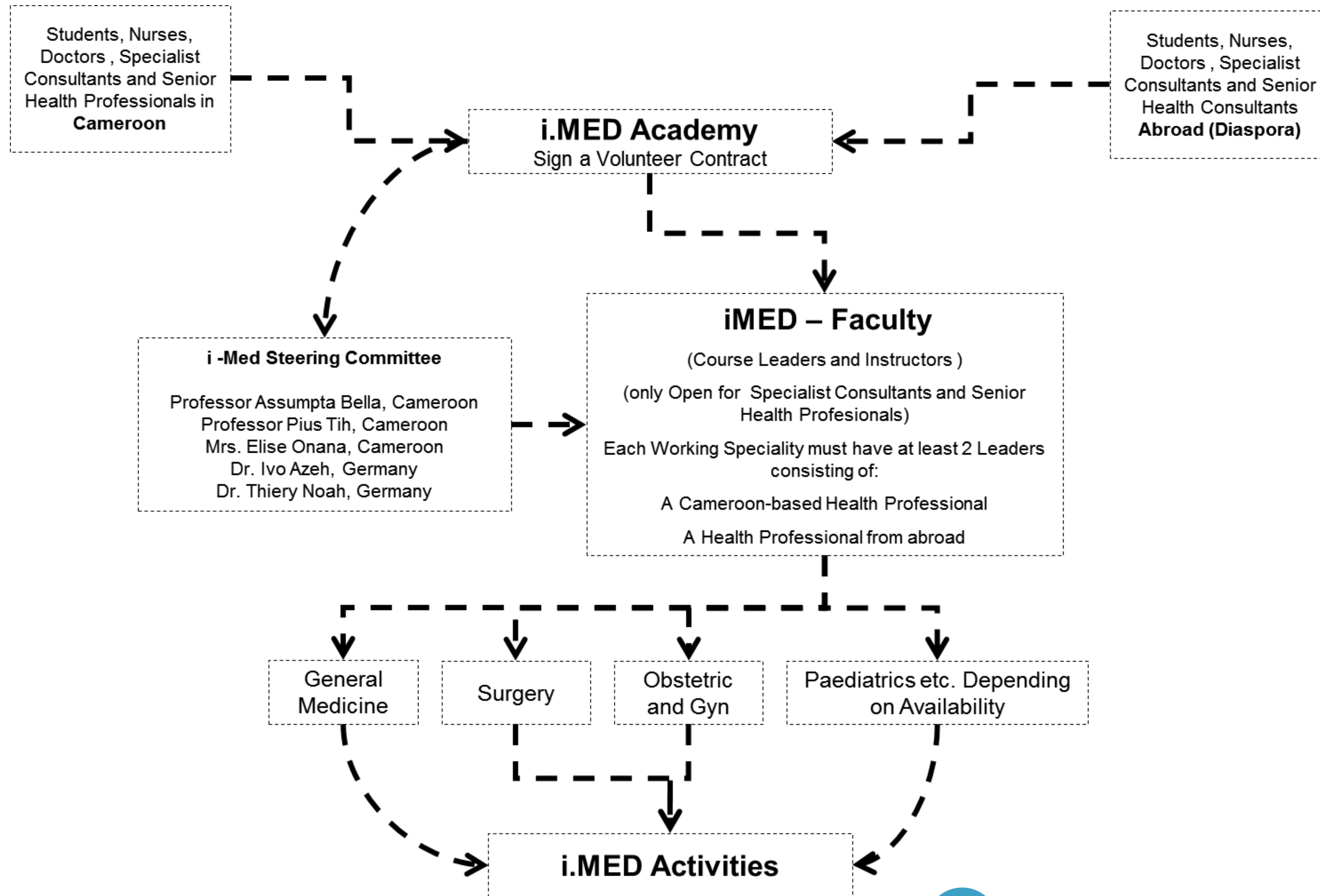
to facilitate your activities we remove all barriers & hurdles to get you there



Bring your '**Know How**',  
relax and the rest is on us

- Complete Organisation of Workshops, Programs, Worksheets, didactic Materials
- Provide Clinical Material / Equipment you need
- Registration and Temporal Permit for Medical Practice in Cameroon
- Travel and Professional liability insurance
- Travel Arrangements
- In some institutions, accommodation will be provided

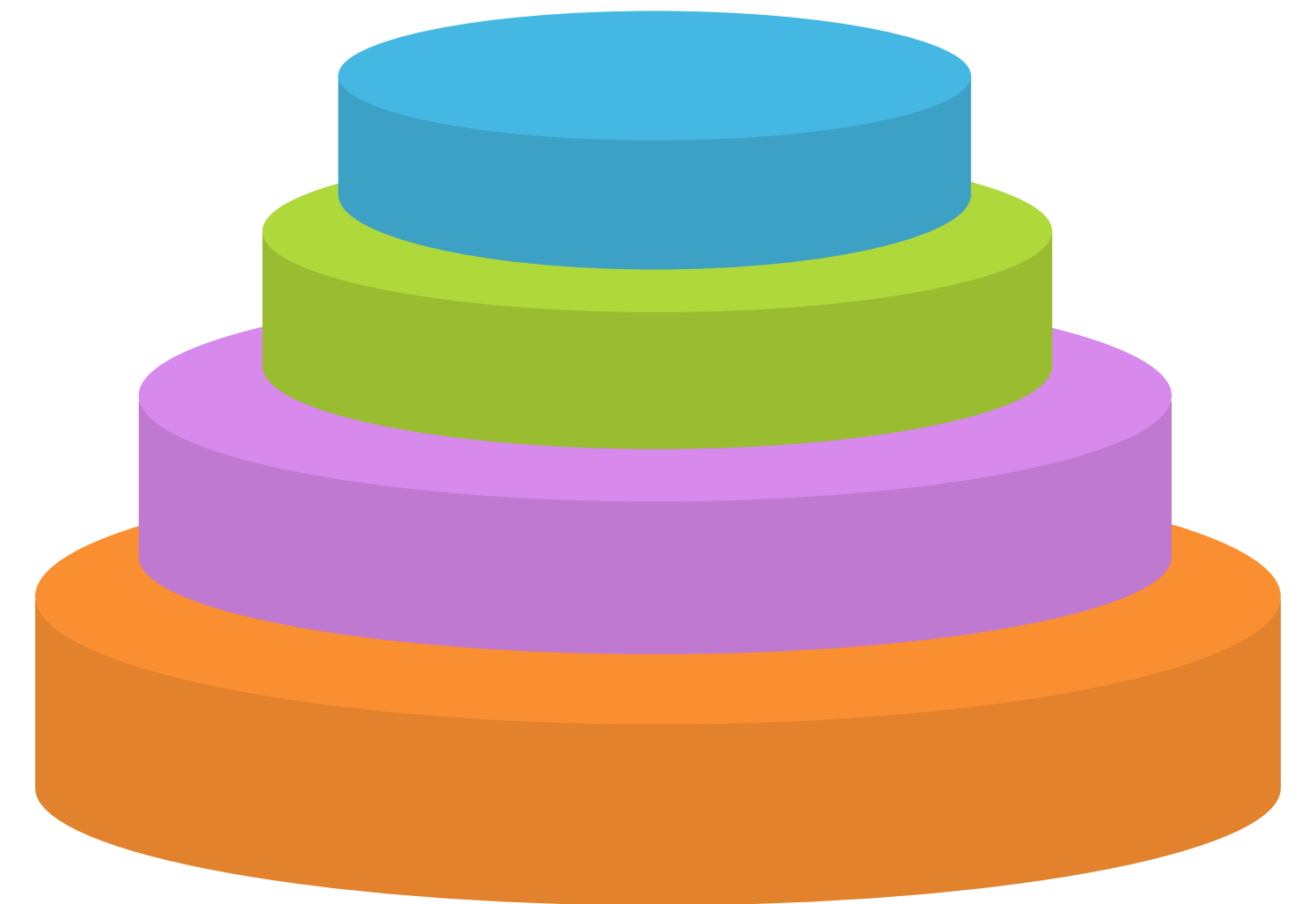
# Organisational structure



# Millennium development goals - Education & Training

i.MED is different because **individual goals** of health professionals are supported and developed to meet National and International Health Policies.

individual  
Local health needs  
National policies  
international standards



# Primary goals

Based around supporting the Cameroonian Health Professional

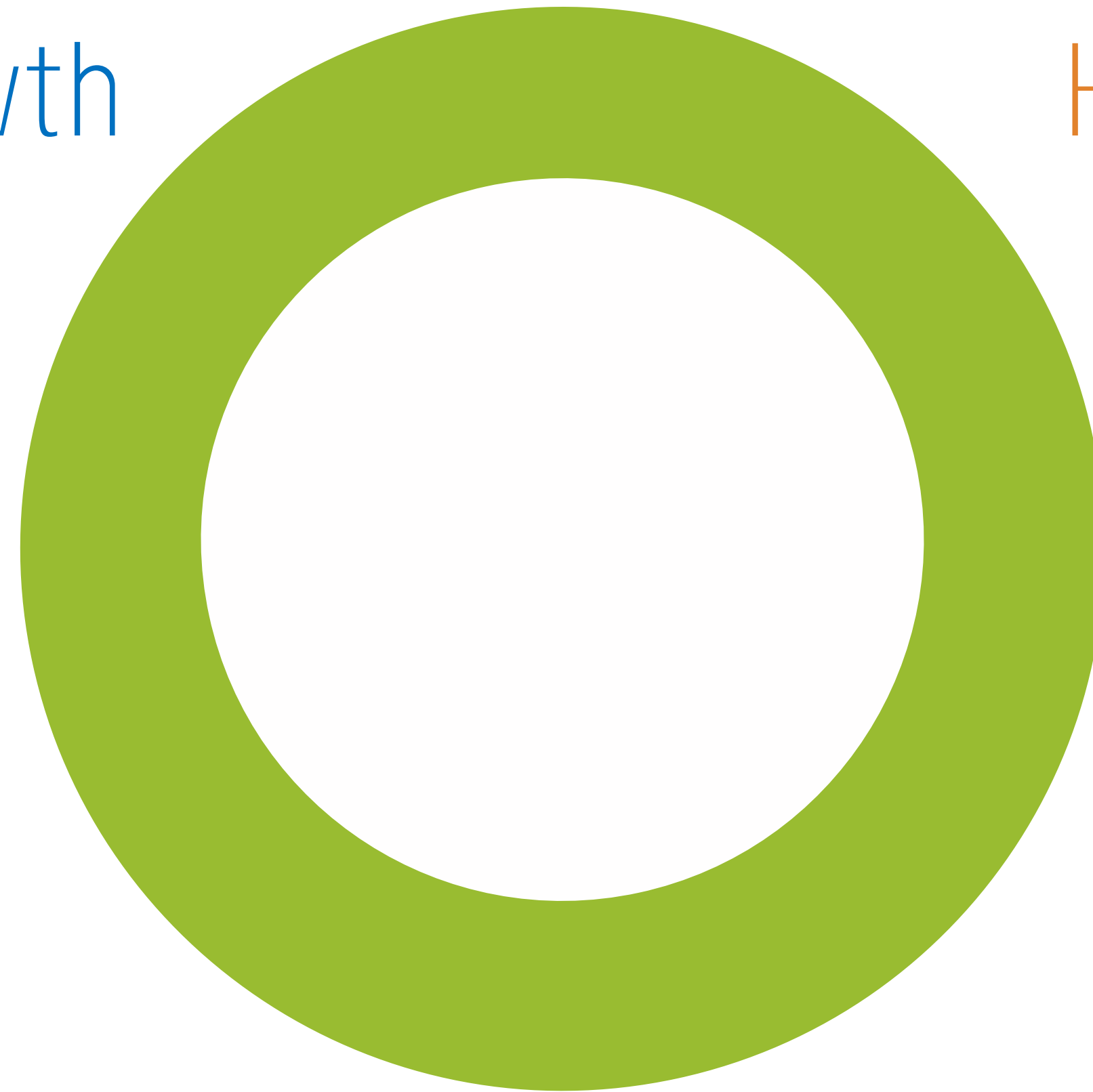
---

Individual Income growth

Career Development

Capacity Building

Relationship building



Health Care Improvements

Medical expertise  
development

Increase coordination,  
coherence & synergies in  
migration

# Secondary goals

The big picture - beyond individuals to institutions

---



Sensitizing Policy Makers on importance of Continuing medical education (CME)



Facilitating Access to Innovations in Health

# Meeting our goals

## Mapping out a clear set of strategies

---



- Providing professional Courses and Workshops
- Visits and Benchmarking
- Partnerships b/w Universities and Institutions in which we work and those in Cameroon



# partners

In the diaspora and in Cameroon



**MedCamer**  
(Cameroon Doctors)



**CIM**



**l'Ordre National  
des Médecins du  
Cameroun**  
(Cameroon Medical Council)



**Camfomedics**

# Project institutions

In Cameroon



- Medical Faculty University of Buea
- Medical Faculty University of Yaoundé
- L'Hôpital Central de Yaoundé
- Hôpital Protestant de Ngaoundéré
- Baptist Hospital Mutengene

# Achievements to date

Kicking off the momentum in Cameroon – **September 2012**



Sep  
2012

## Cameroon Visit

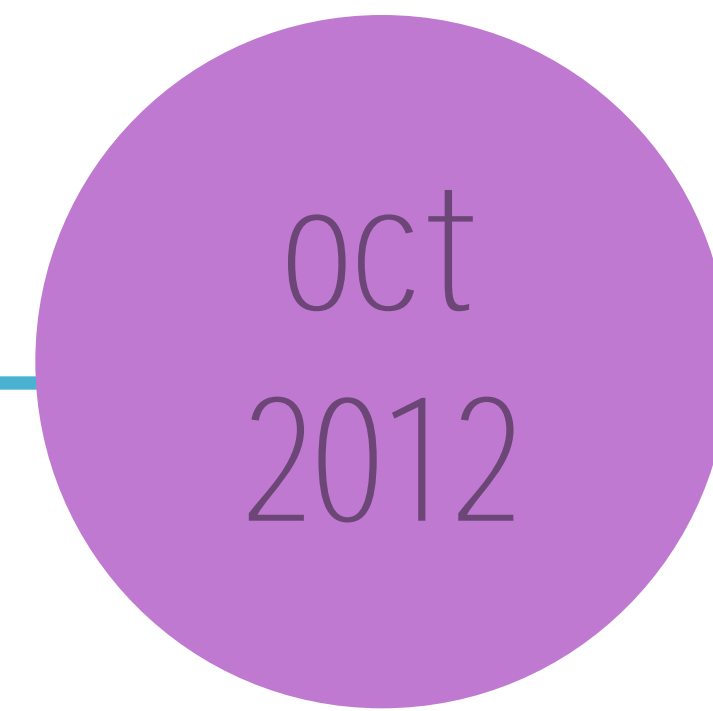
A team of Camfomedics members visited a few health institutions in Cameroon



Sep/  
oct  
2012

## 5<sup>th</sup> camfomedics workshop

In partnership with MedCamer and Cameroon Medical Council where **iMED** was **launched**



oct  
2012

## Camfomedics Congress

2012  
Introduced the idea of iMED to peers in the Medical Practices in Italy, UK & Belgium



JUN  
2013

## Building partnerships

Confirmed grant from CIM Deutschland

# Testimonials

From i.MED volunteers



Alain Nguento MD, Chefarzt Klinik für Neurologie –  
Uckermark -Germany

" i.MED is the direct involvement of the  
Diaspora in the medical system in  
Cameroon"

Yvette Kibuh MD, Obstetrics & Gynaecology  
Essen - Germany

"i.MED is the contribution of the Diaspora in  
improving medical care in Cameroon"



# Testimonials

From i.MED volunteers

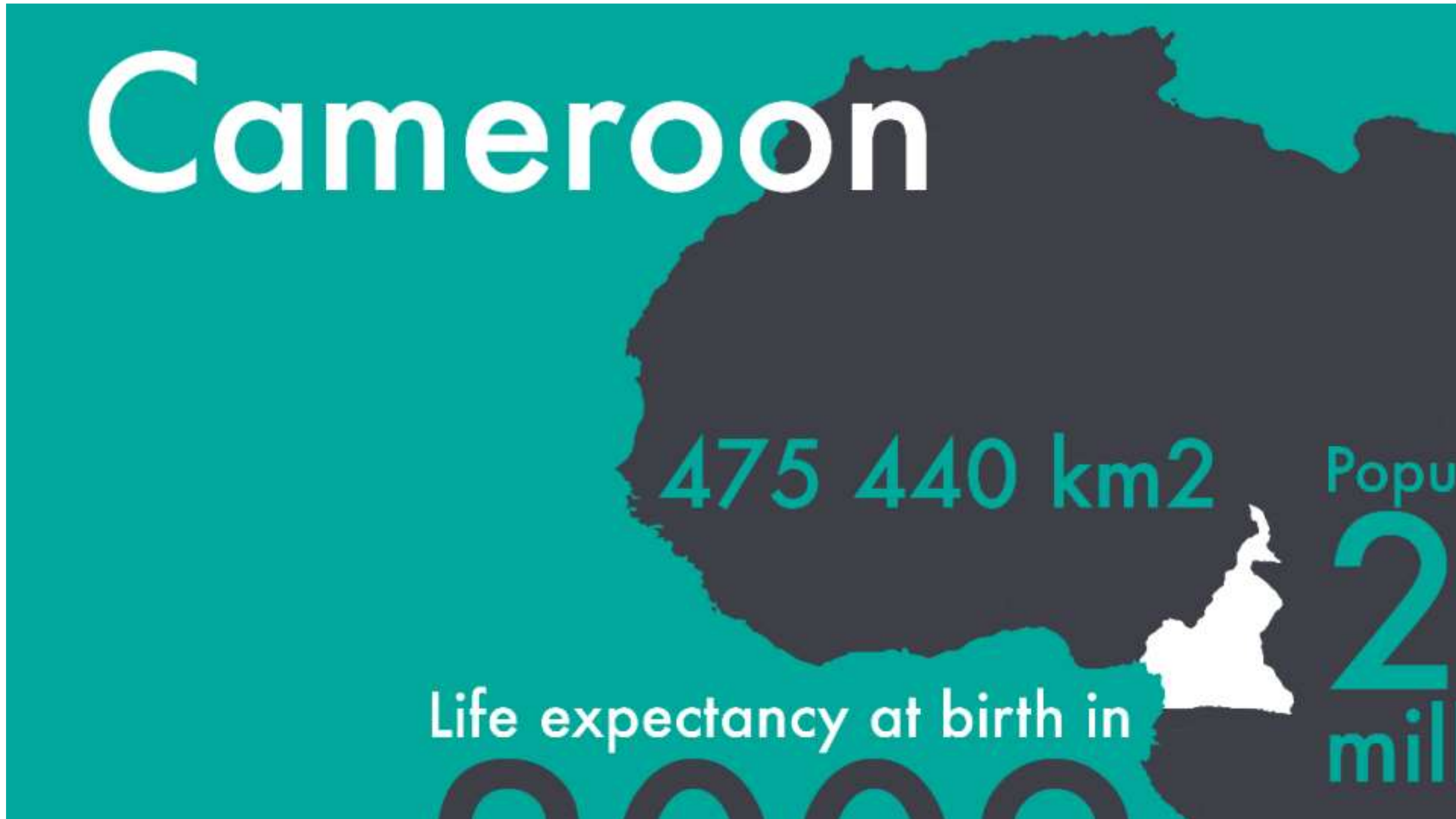
---



Oscar Kono Kono MD, Ophthalmologist –  
Kontanz -Germany

" i.MED is a Lifestyle -  
Giving Engagement a new Value"

Join the i.MED – Academy Be Part of the Solution



A Rewarding and Fulfilling Engagement