Peace In Peace Out

WORLD PEACE INITIATIVE

Peace In Peace Out

WPI KIT 2019

46/4 Moo 7 Khlong Song
Khlong Luang, Pathum Thani,
Thailand

www.wpifoundation.org
www.peacerevolution.net
Each minute we have the opportunity to change things and restart. And the only way of restarting is to still the mind for a moment and start again.

PING PING WORAKATE
CEO & CO-FOUNDER OF WPI

Whenever we see a personal transformation derived from the practice of meditation, mindfulness, and habitual development in people who attended any of our programs, it reminds us that our hard work is being recognized and appreciated.

ANNA MARTIN (SPAIN),
PARTICIPANT OF THE INTERNATIONAL PEACE TRAINING 2014

World Peace Initiative Foundation (WPI) is an international organization that was founded in 2010 in Thailand, registered in the UK and has now spread globally reaching people from all over the world.
OUR VISION
We envision sustainable change happening when each and every one of us works towards their own self-development.

OUR MISSION
We are dedicated to provide inner peace and self-development education for people all around the world regardless of race, nationality or belief to empower individuals to become role models in their communities.

OUR GOAL
To become the world’s most effective international organization that provides meditation and mindfulness for self-development contributing to sustainable world peace.

OUR VALUES
- We are committed to promote inner peace as the first step towards world peace.
- We believe that sustainable change starts within each individual.
- We nurture honesty, integrity and self-discipline while being responsible and effective with our work.
- We stimulate strong and healthy collaborations.

WHAT WE OFFER

1. PEACE REVOLUTION
It is an online platform for a lifelong self-transformation. The program helps individuals cultivate inner peace and build a healthier and happier lifestyle in 42 days. Upon starting the program, individuals receive full support from experienced Peace Coaches who become personal mentors throughout the program.
The program consists of four dimensions of learning:

**1. Self learning guided daily video** to follow the instructions on meditation step by step;

**2. Record your meditation experience** in a Meditation Journal;

**3. Challenge yourself and follow acts** of Self-discipline to review your bad habits and see if you can change them to good ones with little daily effort;

**4. Reflect on a different topic** each day to learn more about yourself, your values and habits.

The program follows the principle:

\[ \text{Inner Peace} + \text{Outer Peace} = \text{Sustainable World Peace} \]

After completing **42 days of self-development**, participants can join a 2-week long International Peace Training in Thailand to continue the journey of self-transformation.

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**2. EMPOWERMENT WORKSHOPS**

2-hour long workshops that allow participants to explore a variety of topics: stress management, mastering emotional intelligence, life balance, positive thinking, developing positive habits, finding life mission and others. Workshops are offered by certified Mindfulness and Meditation Trainers or Teaching Monks.

- Think better
- Speak better
- Perform better

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**3. MEDITATION RETREAT**

A life-changing experience in a peaceful environment that offers participants some time off from their daily routine to focus on themselves through the practice of meditation and mindfulness.

- Meditating in a peaceful atmosphere
- Developing a mindful lifestyle
- Cultivating life balance
- Achieving the state of wellbeing

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**4. PEACE CLUB**

A local community of like-minded people who want to develop and empower themselves through meditation combining it with other initiatives to make society a better place to live.

**Peace In - Peace Out (PIPO)**
Our mindfulness and meditation trainers have successfully completed one of the most advanced trainings by WPI and are committed to their own regular self-development. They represent the organization in various forums and events and promote meditation and mindfulness across the world. The trainers renew their skills and certification annually after attending a 3-week long re-training and a skills evaluation by a committee.

HIGHLIGHTS

- Online Members: 116,498
- Fellowship Participants: 1243
- Worldwide Activities: 265
- Countries & territories: 235
- Mindfulness and Meditation trainers trained: 150
TESTIMONIALS

Going beyond my limitations, changing my habits is not a light issue. I know today, meditation has an indescribable impact on my life.

"CLAUDIA CASTALDI, POLAND"

Wonderful time with amazing people from all over the world! We shared peaceful, crazy, fun and disciplined moments that I will keep in my mind and my heart for the rest of my life. The lessons that I learnt here have left an impact in my life.

"RAWIA FUAD NAOUM, JORDAN"

It was not only regular meditation practice 4 times a day which is important for slowing down and quieting the mind; this retreat was a training for my mind allowing me to learn a new group of habits and having the opportunity to be mindful in a lot of small details. And small details can make a huge difference!

"PILAR CRISTINA BERMUDEZ, COLOMBIA"

It's amazing how this 2-week training has allowed me to learn more than in my 4 years at college, in fact my whole life. I've developed a new level of understanding, built my willpower to be a better self, and stepped out of my comfort zone to be reborn as a complete new me.

"CHAN NARY TAUCH, CAMBODIA"
Cultivating a heart of forgiveness and a mind of contentment; finding a new family - this group of amazing people scattered across the globe with whom I now have a shared interest exemplify my experience that continues to give me the immense sense of clarity and tools with which to face my life’s next level.

KELVIN GOGA, KENYA

CONTACTS

wpipartnership@wpifoundation.org
info@wpifoundation.org

https://peacerevolution.net
https://wpifoundation.org

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