

# Trainer 2.0

STBU186

## Composition

85% organic ring-spun combed cotton  
15% recycled polyester

## Printing guide

Screen print	● ● ●	Waterbase / Plastisol 15% polyester can cause a slight colour migration: Blocking layer is recommended.
Discharge	● ● ○	The results may vary from one colour to another. Testing before production is recommended. <a href="#">Check our discharge printing recommendations.</a>
Transfer - DTF, Flock, Flex, Screen Transfer, ...	● ● ●	Follow supplier instructions Maximum temperature 180°C 15% polyester can cause a slight colour migration: Blocking layer is recommended.
Direct To Garment	● ● ●	Follow manufacturers' recommendations for printing and curing settings. 85% organic ring-spun combed cotton: Suitable for DTG printing. The printing surface of our garment is 100% cotton, and the 15% polyester from the overall composition is on the inside of the fabric.
Embroidery	● ● ●	Direct embroidery, stitched patch, loop labels...
Sublimation	○ ○ ○	Not applicable

○ ○ ○ Not applicable      ● ○ ○ Not recommended      ● ● ○ Acceptable      ● ● ● Excellent