

COLLABORATION CONUNDRUM

Working remotely, away from our colleagues and peers, has had clear ramifications for how well we communicate and collaborate. From rising levels of "Zoom fatigue" to a drastic reduction in ad-hoc workplace interactions, the future of workplace collaboration can look bleak. New technology may well be the answer, but as long it is implemented with care

IS TECHNOLOGY KEY TO COLLABORATION CHALLENGES?

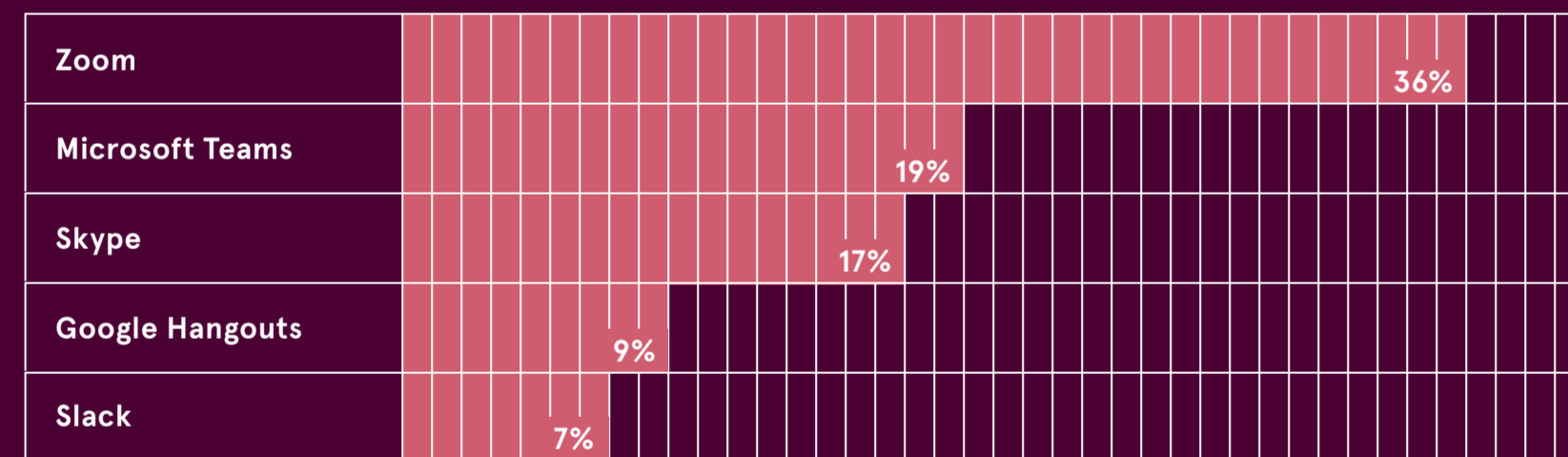
Global talent professionals say collaboration is one of their top remote working challenges, with tech providing the key to overcoming it

	TOP CHALLENGES OF REMOTE WORK	TOP WAYS TO OVERCOME REMOTE WORK CHALLENGES
1	Team bonding	Instant messaging
2	Collaboration	Audio conferencing
3	Work oversight	Video conferencing

LinkedIn 2019

TOP TECH TOOLS BOOSTING REMOTE COLLABORATION

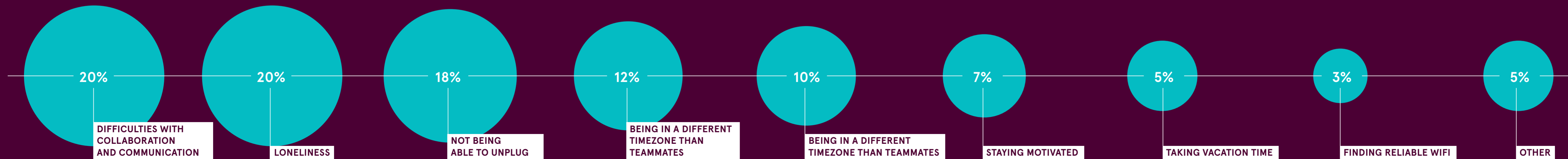
Remote workers in the US on their most-used collaboration tools



Clutch 2020

COLLABORATION AND COMMUNICATION SUFFER UNDER REMOTE WORKING

Remote workers from around the world were asked to share their biggest struggle when working from home



Microsoft 2020

CHOOSING THE RIGHT COLLABORATION TECH IS KEY

Although a top form of remote collaboration, a recent study has shown that video meetings - especially those of over 30 minutes - are more likely to cause us fatigue, and feelings of overwork and stress

GAMMA WAVES

Brainwaves produced when you are alert and highly focused, at peak concentration

BETA WAVES

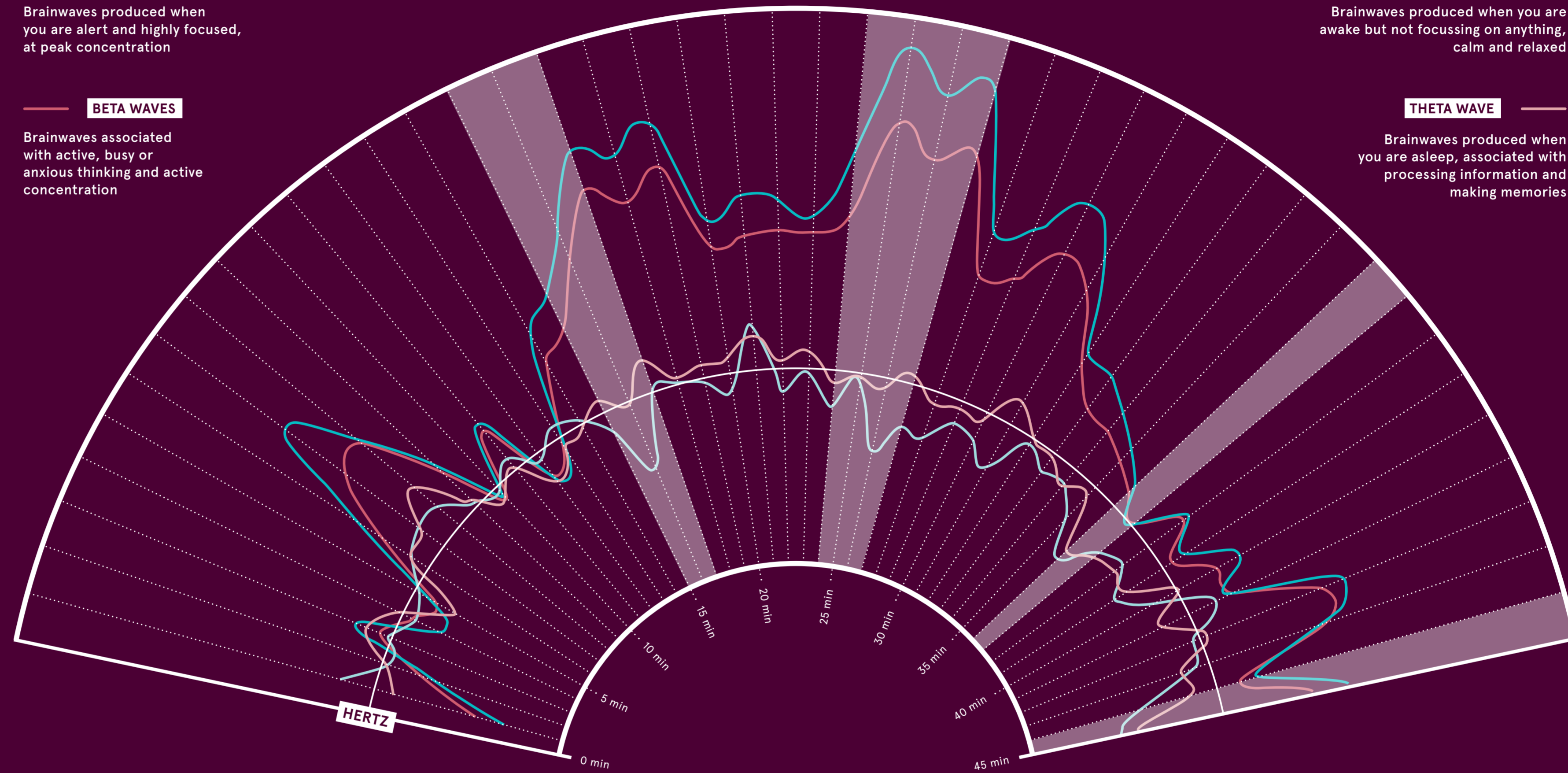
Brainwaves associated with active, busy or anxious thinking and active concentration

ALPHA WAVES

Brainwaves produced when you are awake but not focussing on anything, calm and relaxed

THETA WAVE

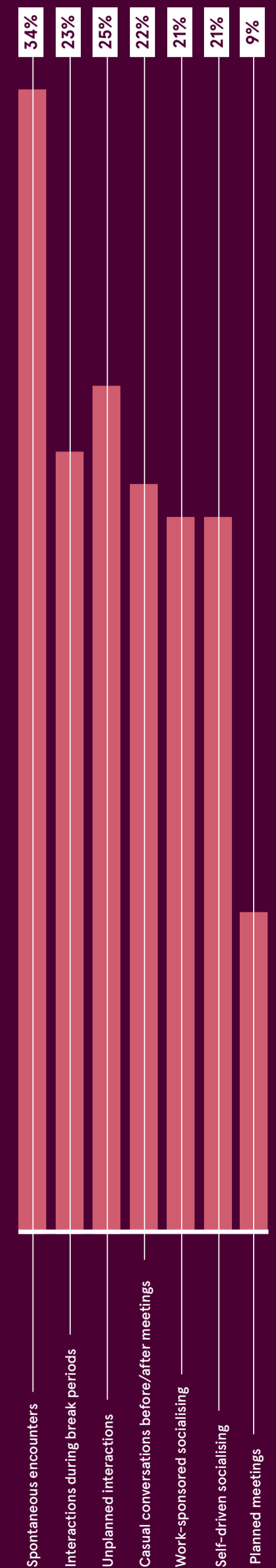
Brainwaves produced when you are asleep, associated with processing information and making memories



WHAT COLLABORATIVE WORKERS ARE MISSING

Workers characterised as "collaboratives" (spending over 65 per cent of their work time collaborating with others) have noticed a 12 to 18 per cent drop in performance, due to a lack of workplace interactions

WeWork 2020



Buffer 2020