

## SEXUAL HEALTH COLLECTION KIT

**A lesion sample collection kit used for the collection and transportation of samples for the laboratory analysis of lesion and vesicular rash causing viruses by nucleic acid technique (NAT)**

This kit contains the materials required for either sample self-collection or collection by a health/social care professional.

**IVD** For *in vitro* diagnostic use, sample self-collection

**REF** KT405

**UK  
CA**

**i** Carefully read the enclosed instruction leaflet before use

**!** Important: Do not use kit if security seal is broken. Keep out of reach of children

**⌘** Do not re-use

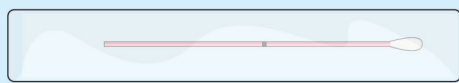
**18+** For use by persons aged 18 and over

### Sample collection instructions (Steps 1-14)

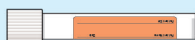
- Please ensure the kit is within expiry date and read these instructions carefully and completely before attempting to collect the sample.
- If your kit requires online activation, please follow the instructions provided by your healthcare organisation. If you need assistance please contact the healthcare organisation who arranged the test.
- For alternative language versions of these kit instructions please visit [www.tdlpathology.com](http://www.tdlpathology.com)

### Your sample collection kit contents

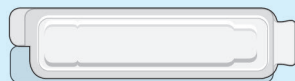
Please check that the kit contains all of the items outlined below. Do not proceed with sample taking if any items are missing, contact the healthcare organisation who arranged your test for assistance.



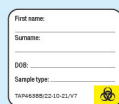
Sample collection swab, CE **STERILE** IVD



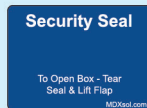
Swab specimen transport tube, IVD



Protective packing wallet



Sample label



Return security label



Return postal envelope



Collection kit outer box

Herpes is a common viral infection caused by herpes simplex virus (HSV). The virus exists as two main types, HSV-1 and HSV-2, both are contagious and can affect the oral or genital areas. HSV testing identifies the presence of the virus in a sample taken from a blister, sore (lesion) or fluid. When first infected, there may be obvious and painful blisters at the site of infection. These usually appear within two weeks after the virus is transmitted. These lesions generally heal within two to four weeks. The blisters can appear in the vaginal area, on the penis, around the anus, or on the buttocks or thighs. Blisters are not always apparent and in mild cases they may appear similar in appearance to insect bites or a rash. Blisters may not appear from weeks to even years after being infected, but once infected the virus remains in a latent (dormant) form and may reactivate from time to time.

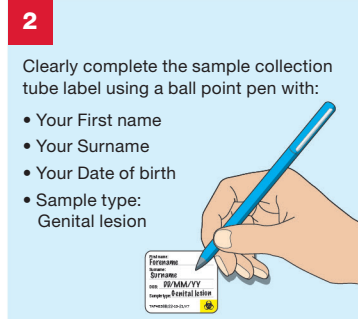
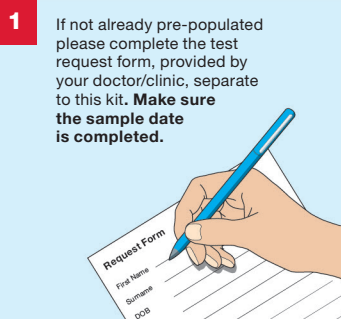
Importantly, other viruses may produce similar lesions on other parts of the body. Monkeypox rash usually appears 1 to 5 days after the first symptoms. The rash often begins on the face, then spreads to other parts of the body. This can include the genitals. The rash is sometimes confused with chickenpox. It starts as raised spots, which turn into small blisters filled with fluid. These blisters eventually form scabs which later fall off.

Please collect your sample from the blister or lesion site using the collection methodology described in collection points 10 and 11.

## GENITAL LESION SWAB COLLECTION

### Important sample taking detail

- If there are no visible blisters or sores the swab sample should not be taken.
- Ideally samples should be collected within the first three days of the blister(s) developing.
- Once crusting and healing have begun, the quality of the sample becomes reduced.
- Do not collect a sample from multiple blister sites, please limit swab sample collection to one part of the body only. Indicate sample type on the collection tube label.

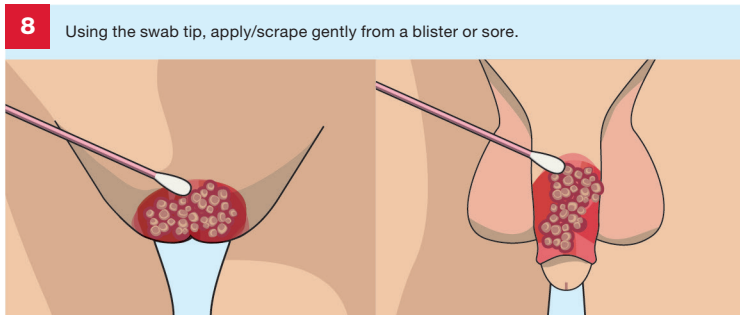
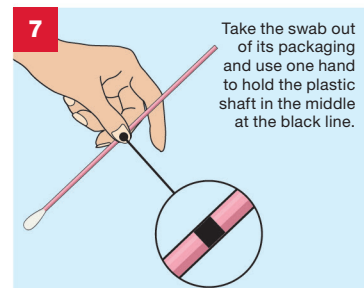
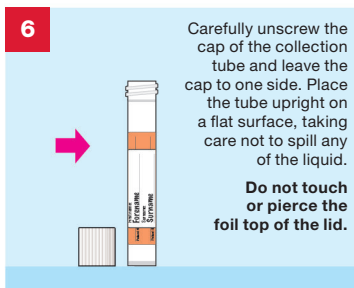
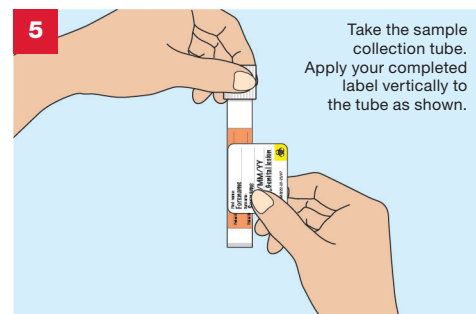


### 3 IMPORTANT SAMPLE TRACKING INFORMATION!

The enclosed postal envelope has a postal tracking label applied. Please make a note of the unique tracking number displayed under the barcode on the postal tracking label, as shown below. Keep this in a safe place for future reference. **You can track delivery of your Royal Mail parcel by entering this number using the following link: <http://www.royalmail.com/track-your-item>**



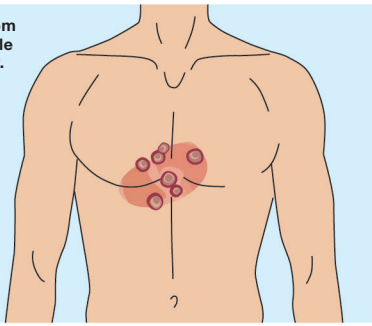
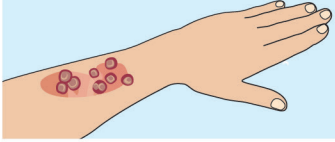
**Write your tracking number here for reference – keep this safe.**



9

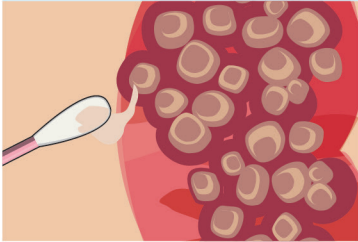
**Important: Do not collect a sample from multiple blister sites, limit swab sample collection to one part of the body only.**

If you are sampling for viruses other than genital herpes, your lesions may be on other parts of your body such as arms or chest, please sample lesion area as appropriate.



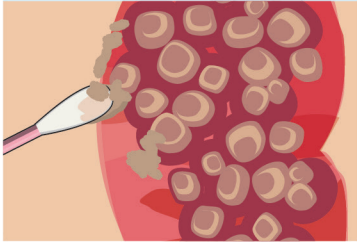
10

If possible, use the swab tip to collect fluid, if present, from the blister.



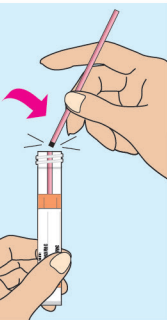
11

If there is crusting, and the scab can be lifted, use the swab tip to collect from the base of the opened lesion(s).



12

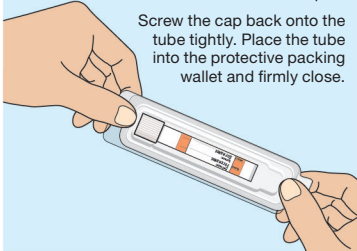
Carefully put the swab into the collection tube. Holding the tube steady, snap the stick off at the black line.



13

Discard the stick end of the swab in a bin, leaving the cotton end in the liquid.

Screw the cap back onto the tube tightly. Place the tube into the protective packing wallet and firmly close.



## 14 IMPORTANT CHECKLIST

Before you return your sample please do the following:

- Place your completed request form supplied by your doctor/clinic into the postal envelope
- Make sure the swab specimen transport tube is labelled and is placed inside the protective packing wallet
- Place the protective packing wallet into the collection kit outer box
- Close the collection kit outer box firmly and apply the return security label to seal it
- Place the collection kit outer box into the return postal envelope
- Check that you have taken note of your postal tracking number

**You are now ready to seal the postal envelope.  
Please store at room temperature until posted.**

Please post your sample to **The Doctors Laboratory** as soon as possible (ideally on same day or within 24 hours of sample collection) from **ANY** Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact **The Doctors Laboratory** on **020 7307 7373** or email [samples@tdlpathology.com](mailto:samples@tdlpathology.com).

**MedDX Services Ltd**  
Unit 2 Newtons Court, Crossways Business Park  
Dartford, Kent, DA2 6QL, UK  
E-mail: [support@mdxsvc.com](mailto:support@mdxsvc.com) Website: [www.mdxsvc.com](http://www.mdxsvc.com)

**The Doctors Laboratory Limited**  
Distribution is restricted to regions in which  
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RM1402/V1, TAP5027B/20-07-22/V14

## Warnings and precautions

- This kit is designed for use by persons aged 18 and over and upon request of a healthcare professional or healthcare organisation. Please consult with a healthcare professional for guidance on sample collection processes for adolescent and younger children.
- The kit should not be used by individuals lacking the physical or mental capacity to correctly follow the self-collection instructions. If you have problems please consult with your advising healthcare professional.
- The Hologic transport buffer contains no substances which at their given concentration, are considered to be hazardous to health. In the case of contact with eyes, skin or mouth please and rinse thoroughly with clean water, if ingested please drink plenty of water and if any symptoms occur please consult a medical professional. In the case of spillages please wipe with absorbent paper and dispose in normal household waste. For further information please refer to safety datasheets which can be found at [www.hologic.com](http://www.hologic.com) or contact [MolecularSupport@hologic.com](mailto:MolecularSupport@hologic.com).
- Samples arriving at the laboratory which show evidence of the below may not be tested:
  - Leaking sample/no liquid present in collection tube
  - No swab inside the collection tube
  - Two or more swabs inside the collection tube
  - Swab placed upside down in the collection tube
  - More than 1 collection tube per return box
  - Different swab type/brand to the one supplied
  - General damage
- The sample collection swab has a score line, which after sampling helps the swab break at the correct position when pressure is applied to allow it to fit in the collection tube. If this score line is broken, appears damaged or the swab arrives in two broken parts, do not use and request another kit from your healthcare organisation.
- Use with caution if allergic to nylon fibre and ABS (Acrylonitrile butadiene styrene) material. If any problems arise during the sample collection process please contact your healthcare organisation.
- The accuracy of your results may be compromised if you do not read and follow the instructions in full.
- Samples arriving at the laboratory which show signs of degradation or general damage or arrive after 30 days (Aptima swab) of sample taking may not be tested.

## Materials required but not provided

### • Test request form

This will be provided by your healthcare professional or healthcare organisation.

**Please complete the request form with your details as instructed.**

Request Form
Name
Sex
DOB
Ref
EXAMPLE

## Laboratory Tests

- The tests and procedures undertaken by The Doctors Laboratory Limited are verified and performed in line with supplier product instructions for use and supported by additional validation data for use with self-collection procedures.
- Test results are provided in line with clinically approved results pathways, agreed between The Doctors Laboratory Limited and the patients designated healthcare professional or healthcare organisation.

## KEY TO SYMBOLS

<b>IVD</b> <i>In vitro</i> diagnostic medical device	Use by end of year-month	<b>UK CA</b> UK Conformity Assessed
<b>REF</b> Catalogue number	Temperature limits: 4°-25°C	<b>CE</b> EU Conformity Assessed
<b>LOT</b> Batch code	Caution, consult accompanying documents	Do not re-use
Biological risk. Biological sample, treat as potentially infectious	Keep away from sunlight	Consult instructions for use
Do not use if package is damaged	Keep dry	For use by persons aged 18 and over
<b>Manufacturer</b>		