

# ZOĪ PULSE

List of Biological Markers

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### **OXIDATIVE STRESS PROFILE**

#### **Biology**

- · Total antioxidant capacity
- Measured antioxidant capacity
- Calculated antioxidant capacity
- Glutathione Peroxidase (GPX)
- Superoxide Dismutase (SOD)
- Coenzyme Q10
- Zinc
- Selenium

- · Anti-LDL oxidized IgG antibodies
- Copper
- Copper: Zinc ratio
- · Homocysteine

# **NUTRITIONAL ASSESSMENT**

#### Biology

- · Fasting blood glucose
- Insulin resistance (HOMA)
- QUICKI Index
- Myristic acid
- · Palmitic acid
- · Stearic acid
- Palmitoleic acid
- · Cis-vaccenic acid
- Oleic acid
- · Eicosatrienoic acid
- · Trans-vaccenic acid

- Trans-palmitoleic acid
- Rumenic acid
- Elaidic acid
- Conjugated linoleic acid 2 C18:2 (trans-10, cis-12)
- Conjugated linoleic acid 3 C18:2 (cis-9, trans-12)
- · Linoleic acid
- Gamma-linolenic acid
- Dihomo-y-linolenic acid
- · Arachidonic acid

- · Total Omega-6
- · Alpha-linolenic acid
- · Eicosapentaenoic acid
- · Docosahexaenoic acid
- · Total Omega-3
- Omega-3 Index
- Omega-6: Omega-3 ratio
- Arachidonic acid:

Eicosapentaenoic acid ratio

· Linolenic acid: acid ratio

# VITAMIN PANEL

#### Biology

- Vitamin A
- · Vitamin B12
- Vitamin B9 (Folates)

#### Biology

- Vitamin D
- · Vitamin E
- Vitamin E: Cholesterol ratio

# INFLAMMATORY WORKUP & PROTEIN ELECTROPHORESIS

#### **Biology**

- · Total proteins
- Albumin
- High-sensitive C-reactive Protein (CRP)
- Soluble urokinase plasminogen activator receptor (suPAR)
- · Hyaluronic acid

# **ENDOCRINOLOGY ASSESSMENT**

#### Biology

- TSH
- Free testosterone
- Bioavailable testosterone
- % Bound Testosterone
- % Free Testosterone

- Total Testosterone
- % Bioavailable Testosterone
- SHBG
- Insulin

# HYDROMINERAL BALANCE ASSESSMENT

#### Biology

- Sodium
- · Chlorides
- Potassium

# **DNA METHYLATION**

#### **Biology**

- DNA Methylation
- MethylAge
- DNA Hydroxymethylation

# **EXHALED GAS ANALYSIS**

#### **Biology**

- Dihydrogen (H<sub>2</sub>)
- Hydrogen Sulfide (H₂S)
- Volatile Organic Compounds (VOCs)
- Nitric Oxide (NO)